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The Roleystone Courier: Celebrating Spring and all events in Roleystone & Karragullen for over 33 Years

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Mail Address: 1 Taree Place Roleystone Email : roleystonecourier@bigpond.com Web: www.roleystonecourier.com.au Printed by: PRINTSMART online: 94937155 Ruby Rajor of Roleystone: Has been shortlisted in the Pre has taken Science at RDHS to a new level. Her students re areas of science and Ruby is always behind them (and ofte

Gosford Here We Come - RDHS Team

ROLEYSTONE DOES IT AGAIN IN THE SCIENCE AND ENGINEERING CHALLENGE.

Following on from their fourth place in the Australia wide Challenge held in Bendigo in 2008, the very brainy science students from Roleystone District High School enthusiastically anticipate their next Challenge.

The Science and Engineering Challenge is a state wide competition organised by The Engineers Australia. It tests the students in both scientific knowledge and also in engineering talents. The tasks Roleystone students participated in ranged from: building a stable bridge out of icy pole sticks and masking tape, to creating a hover craft to make it through a course in good time.

The team, derived from students from years 8, 9 and 10, made it through the qualifying round and then faced an even greater challenge, the State Finals. After competing in the State Finals with completely different challenges, the team finished third in the state!

Now the school has received an invitation to attend the national finals as the West Australian representatives in the Bronze Division. The nationals are to be held in Gosford NSW in October this year. Ms Ruby Rajor commented: 'Once again our students are performing far above expectations. Last week we received an invite to participate in the national finals as the West Australian representatives. We are really proud to be the only State School to represent Western Australia in the Grand Challenge - two years in a row.'

Roleystone District High School is a Year 6 to Year 10 School with only 120 students in years 8–10. In the Challenge, Roleystone students competed against students from large senior high schools, some with specialist Academic Talent Programs and a range of large private colleges. Many of these schools had a much larger "pool" of talent from which to draw their teams which makes their success even more commendable. Well done to all - and 'Good Luck in Gosford!'

The team: Aaron Newland, Kirsty Mackenzie, Jordan Leske, Imogen Kemp, Lisa Salmon, Brier Gavocich, Brooke Gibbons, Jake Fowler, Krystin Dawson, Emily Tucker, Zan Bosnan, Kian Whitelaw, Michael Adams, Montana Tickener, Joshua Smailes, Maureen Walker, Kayla Rainoldi, Camerum Meldrum, Meaghan Hutton, Aaron Howell, Laughlan Dwyer, Anthony Bullimore, David Bond, Megan Batty. The Year 9 students and Ruby Rajor are pictured above.

Spring is Here And the Blossoms are Out!

TKB PHOTOGRAPHY

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A very cold winter and a very warm, sunny spring (with very little rain) proved to be a magic combination for our local fruit trees with a spectacular show of fruit blossom on the stone fruit. Pictured on the October cover are Angel DeSouza and Rebecca Broadbent, strolling through a grove of Empress Cherry Trees with showering cherry blossom reigning down on them. The photo was taken by Trent Bebrendt of TBK photography. Readers are invited to visit Irymple Orchard on the 2nd and 3rd of October for their Open Orchard celebrating Cherry Blossom Time.



Premier's Teacher of the Year Awards. She s regularly punch way above their weight in often in front of them too). Good Luck Ruby!



Ross Anile crowned as IGA's Masterchef

Our own Ross Anile, a co-owner of Supa IGA in Roleystone has recently been crowed as the IGA Masterchef of the Year.

He worked with a partner to wow the judges with his culinary skills. Their challenge was to prepare a dish using a range of preselected and secret ingredients. The challenge was to get the dish prepared, cooked and presented in just fifteen minutes.

Points were deducted for any left over or unused ingredients.

Ross and Partner Val Belladonna of Supa IGA Wembley, successfully prepared three dishes. They knocked out SA and Victoria in their heat and then challenged Queensland for the overall National championship!

So does Ross do all the food preparation at home? Well he likes cooking yes but wife Connie feels that she does most of the cooking. Ross is more the 'special events cook'!



Above: Ross Anile is pictured at the finals of IGA Master Chef Australia.



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Congratulations to Wendy Vanderlaan who has recently been recognised in the Community Learning Awards 2010 as an Outstanding Tutor.

Wendy was nominated by the Roleystone Neighbourhood Family Centre. She is the Drawing, Painting and Mixed Media tutor at The Centre and runs both beginning and experienced art classes. Her sessions have grown from one small class to three times per week.

She covers drawing and painting techniques and introduces her pupils to a range of different media. She then encourages her students to indulge their passion!

On the nominating form, author (and vice president of



the Centre) Liz Zidich said: 'Wendy gives her students the opportunity to expand their creativity so they can truly discover hidden abilities. Expression is paramount. Fun is the order of Wendy's day.' Her many appreciative pupils concur with this sentiment.

Wendy was a clear winner, with her pupils united in recognising her patient and clear communication and artistic flair. Well done Wendy.

Wendy is pictured above with Art student Jacquie Ashford.





Maggie Burke REAL ESTATE

TESTIMONIAL

21 September 2010

We used Maggie Burke on two occasions, once to buy and once to sell. On both occasions the service and support that Maggie, Patrick and Jo gave us was exceptional.

Maggie was professional, giving excellent advice on how to present the home for sale and the result was achieved after the first home open. We were amazed! We would advise anyone selling in the future to listen to the advice of Maggie and Patrick, and act on it to achieve equally quick results.

We felt reassured about the progress of the sale at all times: Maggie remained in frequent contact, updating us and guiding us smoothly through the completion of paperwork.

The service was supportive and caring on both occasions that we became Maggie's clients and we feel that this level of support is over and beyond what we expected from an estate agent.

Even after the transactions were completed, Maggie and her Team remained in contact with us to ensure we made a smooth transition from our current home – their support has been much appreciated.

We thoroughly recommend Maggie Burke Real Estate, Roleystone; they have well presented homes for sale and really make you feel so welcome. Maggie's level of care is second to none!

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Alexandra is becoming A Bio GENEius



Alexandra Brindley, a Year 10 student from John Wollaston Anglican Community School, is just embarking on the BioGENEius Challenge.

She has been selected to work with Curtin University School of Science Professor Roland Di Marco as part of the annual event, which gives a handful of the State's top secondary students the chance to help experienced scientists complete a high-level biotechnology research project.

Alexandra was nominated by her Science teacher Mr Stephen Fox for having outstanding scientific aptitude.

"Alexandra is a very passionate and highly-motivated student who wants to pursue science when she completes secondary school," he said.

"Working alongside an experienced scientist is a rare opportunity for a student of this age and Alexandra's strong chemistry background has prepared her well to handle the complexity of this task."

Alexandra will be assisting in research to develop selective electrodes that can be used to improve a biological cell's ability to uptake certain chemical ions such as calcium. This has links to neurological transport within the body. Her first task has been coating the electrodes with araldite!

She will soon be spending time at Curtin University with Professor Di Marco to test her electrodes. Following the research phase, Alexandra will write up her report as a scientific paper and prepare a poster outlining her research. We are all hopeful that she will be short-listed and then her challenge will be to present her research as a verbal presentation.

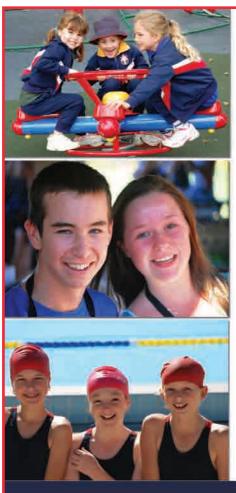
The top two students from Western Australia will be named regional finalists and will compete against finalists from the USA and Canada in the BioGENEius Challenge held in



America in June 2011.

Alexandra was already fully aware of the success of Oliver Tester in 2008, another local Roleystone Challenger who competed in this competition and was selected as one of two WA representatives to travel to San Diego and was ranked third in the world competition!

So good luck Alexandra – your research will be of great value to us all.





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Father's Day Treats

Once again, the local Craft Group provided a wide array of wonderful Father's Day gifts for students at the school to purchase. The looks on the faces of the students faced with such an array of choices, was priceless.

The Craft Group has been functioning for over15 years. They meet weekly on Thursdays between 9 - 11 in the P & C house on the primary school site and make, create and just chat. They cater for both schools for Mother's Day, Father's day and Christmas.

Coordinator Linda Graham insists: 'You do not need to be crafty. We also need people with other skills like

organisation, purchasing and wrapping. Plus it is a great way to fit in and make new friends and help out the school at the same time.'

'We desperately need some new mums (and dads) as many of our old hands have recently had to leave'.

So if you want to be part of this group ring for more details - or just turn up an a Thursday morning.

Pictured above left: Drew Harris and Sara Kelly. Above right: Lyndall Mcardell, Jennie Griffiths and Abby Fouweather. Below right: Jayde Wind and Jamie Muller buying gifts from Alina Cooper









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CROSS PARK STRUCT

This letter was recently received by the President of the Roleystone Senior Football Club Jamie Bendall. (It is only printed in part):



No 1 for Hot Water Replacement Repairs...... Installation...... Replacement..... Gas Plumbing..... Backflow...... Phone Paul 0417 939707 ph/fax 9497 1703 email: armadalegasservices@gmail.com PL6595

CROSS PARK REMOVAL OF SCORE BOARD AND DUG OUTS

Following an inspection of the scoreboard and dug outs the City of Armadale Parks and Reserves Department consider the likelihood of these assets failing to be high and poses a significant risk to the users of the grounds. Due to the current condition of the dug outs and scoreboard (they) will have to be removed. These items are not standard equipment for ovals and the City does not fund installation. Recently other clubs within the City of Armadale have found numerous sponsorship options, including donated labour and equipment, to replace the dug outs and scoreboards with minimal out of pocket expense to the club. I am available to meet and discuss options for future replacement

Unquestionably local councils are becoming more aware of the possibility of liability posed by 'constructions' on their land that may have been completed by voluntary labour and many of these would have bypassed legal building requirements. Most reasoned people can understand that some of these structures may need to be upgraded and in some cases removed. Even though I personally cannot see much danger of 'anyone being crushed to death by one of these dugouts' I defer to their professional opinion when they claim 'the likelihood of these failing is high'.

My concern with this letter is twofold:

The apparent heavy handed officialdom of the correspondence. These structures were originally donated, and probably constructed by voluntary labour. Times have changed and laws have changed - and so this letter infers that local volunteers again have to foot the bill and provide the labour. This is despite the huge costs involved in the many recent improvements to the Club house already borne by the club.

Surely if the Shire considers these dugouts to be a danger then they could part fund or support their removal or replacement.

I feel that our city should provide guidance and support to local sporting clubs, organisations and charities that provide essential services to our communities rather than behave in a heavy handed manner.

What do you think?

PS I have been informed that there have been a series of meetings on the future of Cross Park called by the City of Armadale and that the Senior Football Club has not always attended these meetings. Thus there may be other factors in play regarding Cross Park besides those specified in this correspondence.

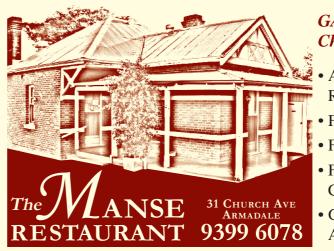
NB This communication has been relayed to the City of Armadale for comment.

TIME TO BE FIRE AWARE AND RESPONSIBLE

number of properties that have such heavy overgrowth and undergrowth. The whole of Roleystone is a fire bomb waiting to explode. I fear that with Roleystone entering an extremely dry summer, disaster could easily happen. I firmly believe that there are people that should NOT be allowed to own property in the hills if they have no concern for the maintenance of it and keeping it free of dry grasses.

I am continually astounded at the Have homeowners considered chemical firebreaks? If these are undertaken in winter (when they should be done) the firebreaks would maintain themselves with only minor spraying every year and light whipersnipping if the process had been done properly for two years.

I have found there to be very LITTLE interest in people putting in firebreaks. I find this a very disturbing trend. Sidney Mytton Watson.



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Baby number four on the way, we were all very excited and so the journey begun.

Three years into my nursing degree I had been exposed to an interesting unit about pregnancy and birthing choices for women. I also did a stint at PMH with the neonates.

A wonderful friend had also told me about her amazing experience of having a home birth and as it turned out, she ended up being one of my midwives. So Darren and I applied to the WA Community Midwifery Program. They offer a home birth choice with continuity of midwifery care which is Government (Medicare) funded (free). I submitted my application really early to ensure I would be accepted.

The Program is only available to low risk pregnancies and they have an excellent backup hospital transfer procedure. Throughout my pregnancy I had developed wonderful relationships with my three midwives. It was very personal and very different compared to my previous pregnancies with the public health system. All my appointments were at home for my antenatal and postnatal care.

Darren and the children were involved in all the visits and Dylan just loved getting his heart checked (just like the baby).

Having experienced three hospital births and then a home birth I think the best decision we ever made was to have a home birth. You really can't compare the two.

For me my experience was amazing, so relaxing and even with the pain of labour/ contractions I can honestly say that the water decreased my pain as soon as I got into the birthing pool. I spent 40 minutes in the birthing pool until Matilda's birth and the pain was minimal compared to my other births.

We had a short labour with my contractions starting at 4pm and Matilda being born at 8.10pm. By 6.30pm I decided to call my midwives and got Darren and the children to start filling the birthing pool. My daughter Brooke was our photographer/film maker and she did a very professional job.

Dylan the youngest was oblivious to it all and spent most of the time driving his green car around the birthing pool. Michael stoked up the fire to keep us warm and was trying to watch the Dockers, between my vocals with every contraction.

All the children had been well prepared; I had shown them DVD's of water births and explained to them even though I was in pain

I Was Born in Water Matilda Ruby Weaver Born10/09/2010

and maybe a bit noisy, everything was OK and that it was just a natural part of having a baby. I had my mum on backup in case the children wanted to leave but as it turned out they all enjoyed the experience and were completely overwhelmed once little Matilda had arrived. It was a great learning experience for them. They participated in the postnatal checks on myself and Matilda and Brooke learnt how the placenta worked.

For Darren the experience was fantastic, he was involved all the way along. Sometimes I think it's difficult for Dads to feel a part of a pregnancy especially in a hospital environment. They feel hopeless and left out at times because the midwives and doctors take on the role of caring for the mother.

Darren had plenty to do and before we knew it Matilda was born. As a family we all got the important bonding time that we needed, I breastfed in the birthing pool and in our own time I got out and sat on the lounge with all the family. I believe the skin to skin contact is so important and Darren and I both got to nurse her and spend time together before the midwives did Matilda's weight etc.

My main reason for sharing my story is to encourage women to look at their birthing choices. If I hadn't been exposed to home birthing from friends and education through my degree, I probably wouldn't have considered it an option. Also from my discussions with many people about home birthing, I was amazed at their reaction when I told them I was having a home birth. Some negative and others showed an interest.

Yes, sometimes women do need to birth in hospital and require intervention which is out of their control and I'm not against that. What I don't agree with is unnecessary interventions, every woman should have a say and be in control of their birthing choices. Birthing a child is natural and our bodies know what to do and are equipped to do it.

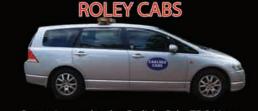
I'm so grateful that we had a home birth and we are very lucky here in Perth to have the Community Midwifery Program available to us. They have a great website <u>www.cmwa.net.au</u> and I encourage all mums to have a look at what it's all about. I would like to say a big thank you to my supportive midwives: Esther, Abbey and Corrie for all your advice, guidance and compassion.

From this I am so proud that we had our beautiful girl in our home, a loving environment and I smile every time I think that we birthed right here in our lounge room.

Emma Nightingale.







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Karragullen Expo

HILLS ORCHARD IMPROVEMENT GROUP A FOCUS ON HISTORY

KARRAGULLENPOET'S BOOK RELEASE Graham Armstrong,

who spent his formative years at Smailes Mill in outer Karragullen has chosen this year's Karragullen Expo to release his book of bush poetry.

Graham has since lived in a variety of places across WA and these experiences have influenced his work. This is a collection of poetry and ballads about his life's journey. Graham will be at Bay 17 in the pavilion as 'The Bush Poet'.

Readers are invited to come on down to the Expo on October the 9th, buy a book and get it signed by the author.



The Pickering Brook Heritage Group is collecting and recording the history of the Pickering Brook area commencing with the period of sawmills and pioneer railway. When family life on the land was hard and the community all pulled together whenever there was a crisis or a family in need. The early orchardists were often migrants from Europe who worked long hard days to clear the land and establish productive orchards and start a new life.

At the 2010 Karragullen Expo please drop in and see our heritage displays at the Illawarra Orchard stall.

If you have any early photos of the Pickering Brook area or stories to relate, please come forward and discuss it with some of our members.

To view our website: www. pickeringbrook.com.au or if you would like to be part of our Group, please let us know on the day or via the email.

Twenty four years ago, Hector Price passed away and his legacy of photos, articles and memorabilia passed onto to his son Tom Price.

This started a passion in Tom to preserve the stories and history of Hill's Orchards. This passion can be seen in the wonderful display Tom has prepared in his old cool store at Illawarra and he will be sharing it with the public at the Karragullen Expo on the 9th October.

The Price dynasty has owned and run Illawarra Orchard for 119 years. The orchard is sited in a cold valley with fertile loamy soils – perfect conditions for the production of stone fruit. This orchard has employed 1000's of staff over this time and most have very happy memories of their time on the orchard. And Tom and others have meticulously preserved many mementos of these times.

'We welcome everyone to come along and browse, take a look at the many photos of the history of our location and the major industries that arose here – timber cutting and orcharding. This exhibit is recognition of the hardships faced by the many families that pioneered our hills district. We sincerely thank them. So come along and soak up the atmosphere, share some stories and marvel at the history



Above: Geoffrey Mitchell as a young lad picking pears at Illawarra in the early 1970's. One of the many photos in the display.

of our area.'

Tom will be sharing a tent with the Pickering Brook Heritage Society at the Expo.

LATE NEWS: Come along and see the Majestic Clydes dales. These marvellous horses were so valuable in our past and now very few exist.



Space available. Deadline September 15th. Contact David Fennell Ph 9293 7132

Old Station Road, Karragullen



Vale John Guimelli

Recently the hills orcharding community were saddened to farewell John Guimelli who passed away on Tuesday August 24^{th} at the age of 68.

John was a second generation Italian migrant who made a remarkable contribution to orcharding in our area.

John Guimelli was the eldest of four children born to Achille (Alex) Guimelli and Rose Salla Tenna in 1942. Alex started the first cool store export business in the Perth Hills: Blue Moon Cool John Guimelli Store and the family business A Guimelli & Sons. John was still running this highly successful business at the time of his death. Thanks to John's passion for the business, they have remained one *pick of the crop*'. of the largest exporting businesses in Western Australia.

John's father insisted that all of his children complete their Bevis, of the education before returning to the business and John completed a degree in Industrial Chemistry. He believed the decision was easy,

to return to the industry he loved to serve growers, as his father Alex had done before him.

John was an industry leader and served a term as president of the Western Australian Fruit Growers Association and in 2002 he was awarded a Centenary Medal for his contribution it the Western Australian Fruit Industry.

He was highly respected in all aspects of his life as a businessman, fruit grower and industry leader.

Photo above left: pictured in February with 'the Photo: Danella Countryman.



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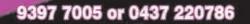
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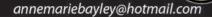
What a great night to spend with friends!

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DITORIAL OCTOBER 2010

Don't we live in a beautiful place? Spring in the hills this year has been glorious. The fruit blossom is so prolific, and the wildflowers in the bush have all come out early - with the cold winter and the unseasonably warm spring days.

I am looking forward to welcoming people to our Open Orchard to celebrate Cherry Blossom flowering on the 2nd and 3rd October. Many residents drive past the orchards - but this is a chance to look around one and perhaps get some photos taken at the same time. Irymple Orchard, at 110 years old, is one of the oldest in the district and over this time has always been owned and run by the Bettenay family.

This area has been built on an ancestry of orcharding and it is timely to recognise this history. It is wonderful to see that this will be the theme of the Karragullen Expo too, with some wonderful displays planned. I urge all readers to put this onto their calendar.

The very next weekend is the Kelmscott Show. This is the 112th time this event has run and it too has a proud agricultural history.

consumers ever increasing passion for cheap food from the big supermarket duopoly, our farmers are being squeezed out with competition by cheap imports. The proud agricultural legacy may soon be a thing of the past. Higher relative wage costs, increases in costs of sprays and fertilizers, the rising Australian dollar and the insulting prices offered to growers by 'the chains', make moving off the land, look more and more inviting.

If you love living in a district resplendent in colour and where locally produced, fresh fruit is grown full of flavour - then support the industry, buy your fruit and vegetables from local sources.

My editorial this month must contain some late news. The sporty students from Roleystone District High School sent three teams to Country Week this year. All three teams won their Grandfinals

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Vale Les Smith

Les Smith, lifetime resident of the Roleystone/ Karragullen district, passed away on 2nd September 2010, nine years after a tragic car accident left him

severely disabled.

The Smiths were a pioneering family in Karragullen. Les's grandparents purchased a 76 acre property for $\hat{\pounds}12/10/00$ in the early 1900's on the old Beverley Road (now Brookton Highway) that encompassed the area wher The Rock Inne Tavern and Tomeo's garage are now (and opposite the old Karragullen Primary School).

They built a home and planted an orchard. When they retired, Les's parents, Horace and Flo Smith took over the property.

Les and his three siblings: Laurie, Joy and Fred, all attended Karragullen Primary School. The Smith family were active members of the Kelmscott Football Club for years, they competed in log-chopping competitions throughout the area and for many years his parents assisted in the organization of the local dances. In 1952 when his parents moved to Augusta, Les

I am worried that with the Australian - Football, Basketball and Volleyball. Top effort to you all.

On a sad note, Hazel Mortimer passed away this week. The Mortimers lived on their farm on Gardiner Rd since the 1960's and many of Hazel's children and grandchildren are still in the area. Our condolences to the family. We will have an obituary in the next edition.

Lastly, this is my 30th Courier and it is packed full. So happy reading to all.

Linda Moore



remained in the area and continued the family business of wood-cutting.

In 1959 Les married Carol Elliott and they lived in Karragullen for 8 years. In 1966 they moved to their new home on the corner of Wygonda and Dreyer Road, Roleystone. They remained there for 21 years until they built another home in Hawkstone Road, Roleystone. They lived in Roleystone for 31 years until they retired to South Yunderup. In 2001 Les and Carol were involved in a horrific car accident that left Les severely disabled. They returned to live in the area to enable their family to assist in his care.

Their five children: Janet, Kerry, Judith, Peter and Glenn, all live in surrounding districts. Peter and Glenn played for the Roleystone Football Club for many years. Les and Carol have 15 grandchildren and 4 great grandchildren.

Carol devoted herself to Les's rehabilitation and care until he died at the Armadale/ Kelmscott Hospital. Over 400 mourners attended his funeral which was a testament to the esteem in which he was held to his family and friends.

His wife Carol and family & friends will miss him greatly.



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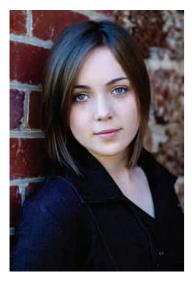
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Jade Chamberlain

My name is Jade Chamberlain and I am a 14 year old Actress from Roleystone. I have been acting for 4 years.

I have also attended many workshops here in W.A and also in Sydney. I have been extremely lucky to have

Young People Doing Big Things

been trained by some of the industry's best and most highly respected directors, acting teachers and coaches from Australia and the US, including Joseph Middelton, Christine King, Mattie Shisko, Ali Roberts and Vic Trevina.

Amazingly, following an audition, I have been accepted to attend a 10 day Hollywood Immersive Workshop in Los Angeles with Lilly Dawson Casting. Lilly Dawson is a Melbourne casting director who is very highly regarded within the film and entertainment industry both here in Australia and in the US. The workshop will be held in April 2011.

This workshop will give me the opportunity to gather tools from different acting coaches and network with L.A casting directors and agents. It is an incredible opportunity for me! It will assist me to make a connection between the technical side of acting with my instinct, talent and passion for the industry. I'm getting in front of all the right people to enable me to enter an acting career.

As the total cost of the workshop is \$7,000 I am seeking sponsorship to help me get to Los Angeles. I also have to pay for a return flight to Melbourne from Perth and accommodation for 4 nights in Melbourne. The total cost is \$9,000 to make it possible for me to attend. I know I can do it but I really need the support of people and local businesses.

I am holding a raffle, with a hamper kindly supported by

Joe and Ross Anile from IGA and I am now seeking other prizes from local business and community members. This will be held on Saturday the 13th of November at the Roleystone Shopping Centre. Anyone wanting to help can contact us on patrickch@ aapt.net.au

Anyone wishing to make a financial contribution can deposit money at the Bendigo Roleystone into an account I have set up for my acting.

Richard Forrest, the wonderful owner of Westate Embroidery in Maddington, has offered to do up shirts that I will wear on the plane over to Melbourne and in L.A displaying all sponsors names on the back. I would wear this sponsor shirt proudly on my trip and my family will also be wearing it locally.

I would also like to thank Andi from Budget Printing in Bentley for printing 150 sponsor letters for me. Support like this from supportive local businesses is vital and very much appreciated in helping me reach my goal of attending L.A. Thanks again to Linda Moore who has always given me support via the Roleystone Courier!

Thank you for taking the time to read this and supporting me as a young person within our community and in my ambition to make it as an Australian actor.

Jade Chamberlain

Slum City - 40 Hour Famine





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ALL TYPES OF AUTOMOTIVE

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High Quality Paint Down Draught Baking Oven At the end of August a range of students from Roleystone District High School participated in the 40 hour famine through World Vision.

This involved not only fasting for the 40 hours but some students also elected to go without other things (one student gave up talking for the whole time!). This year the 40 hour famine focussed on the world food crisis – this activity gave them the opportunity to

gave them the opportunity to 'do something real'. The girls did an amazing job building and living in a 'Slum City' at the Roleystone shops. Our students sat in their 'box houses' for most of the day, making beaded necklaces to sell to the community for fundraising. World Vision came to film the scene and the Courier was invited down to capture the action. The day was full of fun and our students were a credit to the school. Many thanks to all who were involved in making this event happen. It was a great interaction between high school, church and community. Well done!

Martine May, School Chaplain Pictured above left: Martine May, Rhiannon Bamford-Purchon, Ciera Bayley and Maddy Meads



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Trekking in the Andes - Liz

For lovers of high mountains and some tough over 3 mountain passes with the gruelling days of trekking, then this could be your highest being 4980m, then down next holiday. I use the word holiday loosely. After a steep descents only to start to ascend couple of days acclimatizing in Cusco it was then on to Ollantaytambo to explore some of the enthralling citadels, fortresses and temple ruins, while we tracks where very dusty and all were prepare for our 7 day trek to Machu Picchu.

After a 5 hour drive to the trailhead, we begin our steady ascent - for ever upwards. The trek took us



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once again.

Being the dry season some of the very rough.

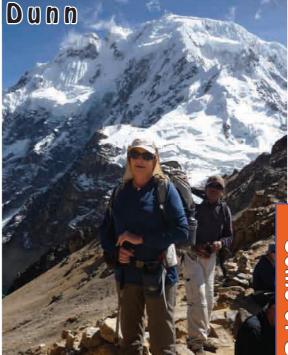
The track took us along loose scree slopes with some frightening long drops. Long climbs up very steep switch backs tested our balancing skills on the stones over the waterways.

We also passed beautiful lakes, glaciers, enormous glacial moraines and very isolated shepherd dwellings. After six nights in a tent with the temperature on or below freezing, our 6th night was spent in a a camp site near Chilca and we had our first shower for 5 days.

We barely recognized each other at dinner that night. The following day we joined the incredibly well preserved section of the Inca trail set in the high jungle that took us to Inti Punku (The Gateway to the Sun). On this section of the track we passed the recently cleared extensive ruins of Winay Wayne, which were fairly impressive. The best thing of all, our group of 17 were the only ones there!

Machu Pichu from the Sun Gate what an awesome sight. After spending a day at Machu Pichu it was back to Cusco to get our incredibly dirty clothes washed ready for the next trek.

The next trek was the challenging High Andes Circuit into the Cordillera Vilcanota following the trail around the great peak of Ausangate. This was another six nights in a tent, all above 4,400m

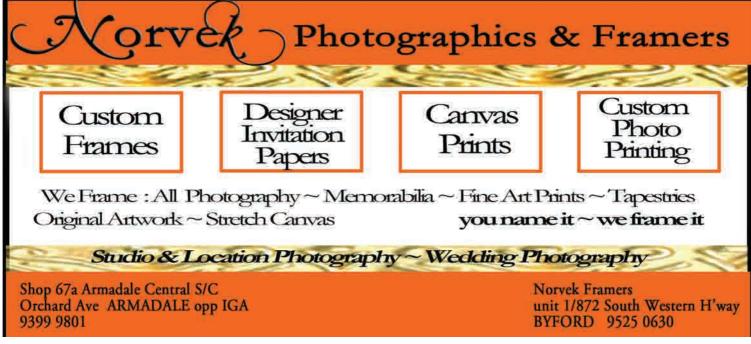


Above: Liz at the Incachiriasca Pass - all ready for a day's climb.

and we were down to only 4 hardy souls. The first day started with what was called a '6 hour gradual ascent' and after about 3 hours I was wondering why am I putting myself through this. The next couple of days saw us climb over 3 passes with the toughest and highest being 5,200m.

Every night was below freezing with the coldest -12 where most things in the tent froze including me. Crawling out of the sleeping bag at 6am packing the duffle bag with hands that hurt so much in the cold while trying to breath in the high altitude was hard work. On the last day we camped in the small village of Paqchanta were we plunged our dirty aching bodies into the natural hot springs and the water was only slightly cleaner than us but it felt great.

It was an amazing trek despite the attitude sickness, cold and long hard ascents. Would I consider another high altitude trek? ABSOLUTELY.



with a Mission



Garry and Rose de Graaf went to Bali recently but their trip was just a bit different as Garry went to compete in a golf tournament but Rose was there with a Perth based charity Peduli Bali (Caring for Bali) Inc, a registered charity based in Perth.

Peduli Bali (Caring for Bali) Inc raises money for poor people in the drought stricken area of Seraya. They help support the school and community in the area. Peduli Bali members always meet in Bali in August at the Inna Grand Bali Beach Hotel and personally take the money direct ensuring that the monies are distributed where it is needed and this avoids any loss of funds due to administration fees. There is always an open invitation for anyone wanting to go with the charity to the various venues to help distribute the food to the needy.

I left Garry nervously awaiting the start of the Sanur Golf Tournament at 8.30 am and travelled with Balinese friends Sudana and Tanto, to visit a family living in the jungle in Seraya in very poor conditions.

This was a very poor family with an intelligent son who had finished primary school (which is provided free) but could not afford to pay for a high school education.

We drove as far as the car could go and then ventured up a small track that the people living on this mountain/jungle had carved for themselves. We were all struggling because we were finding the climb very difficult. Lucky I'm a Kelmscott girl and I was managing very well with the climb until we hit an extremely steep part where I did start to feel the effects in my calves then it became a bit easier.

Finally we saw a small dirty face peeking out from the undergrowth and we realised that this was the place.

The mother, father and 1 little girl were there to greet us. They were so pleased to meet us and were so very hospitable. The little bamboo house had a lean-to at the front and at back was a tiny room with a fire roaring away in it and so much smoke that we could not see the second part of the room where a baby girl was sleeping.

We had brought food: UHT food as you can stuff down your MILK, Rice, 2 minute noodles, throat. A far cry from my lunch!! sugar, coffee, eggs etc for the family. All the staff came to greet me as 'Mrs The father had collected some coconuts Garry' and they made quite a fuss about and these were presented to each of us. He us. About 200 people were at the dinner

cut a hole in each coconut with a machete.

The mother had dug up a palm type tree and had cut off some of the roots (a tuber type of thing) and boiled them for us and we ate this and washed it down with the coconut juice.

The mother washes in a muddy, shallow overflow near the spring and consequently their clothes were brown. I always leave my old clothes for families in Bali so I organised for the clothes to

come to this family.

The father then took me to show what they eat. Every bush provided something. He showed me elephant grass, which he harvests and takes to a nearby farmer who has a cow and he gets a handful of rice and a handful of corn from him for his efforts. There was a Cacao plant, cloves, rambutan, papaya (they boil the leaves of the tree as a bitter type of greens), salad palm and lots of different plants that produce yam like roots that can provide a good source of carbohydrate.

They have 3 chickens and some babies but worry because they have had foxes and possums catching their chickens. Sometimes, he can catch an animal in the jungle and that is then also eaten (snakes especially).

We went back to the shack and the baby had woken. The mother was extremely loving to both the little girls, who were very dirty. She kept stroking them and smiling and offering us more food.

She collects bamboo and with a very sharp knife whittles sate sticks from it; she takes these down to a warung (shop) in exchange for something that she is unable to get from the jungle. I gave the lady an envelope with monies that friends/family had donated and although she didn't look to see how much it was, I am sure that the money will provide them with a few 'only dreamt of' luxuries.

This family is one of hundreds living still as their ancestors did. As I left, I checked the lady's hand and she had a missing finger. This had been cut off as a child accidentally and just left. So there was about a centimetre of bone sticking out of the finger and it was all black and filthy. How she has not had a bone infection or something, I will never know!! Finally I arrived back at Sanur, very, very tired and disturbed by what I had seen. A quick shower and tidy up because back at the hotel, they had set up for the grand dinner for the golf tournament, then off we went to absolute luxury!

Wine, spirits and as much

and we had a great night.

Then the presentations and Garry won the Senior Section with a nett score of 69. He won a lovely trophy, a Mizuno Driver, a voucher for the restaurant, a voucher for a shirt and a free game of golf and a free 100 balls for the driving range. The extras that were made on the night (\$11,000 US) were also donated to charity here.

So all who visit Bali might like to give a thought to doing more than the 'touristy things'. You can be assured that donating to a charity like Peduli Bali (Caring for Bali) Inc will go directly to a needy family. You can visit their website at http://www.peduli-bali. com. They welcome any interested persons to join them at a much-reduced rate at the Inna Grand Bali Beach Hotel and all are welcome to help distribute the food, books etc to the villages that they visit. Rose De Graaf



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More History of Karragullen.... Millstone Rock

According to Karragullen lore, a large granite, dome like rock in Karragullen (seen from the Brookton Highway from Mia Flora to the Rock Inne Tavern) may have a link to the early history of Western Australia. (This has been substantiated by 'old timers' Vern Bettenay, Ken Smailes (now dec) and Jack O'Meagher (also now dec)).

This rock was always known as 'millstone rock' to the early settlers, as the original millstone from South Perth Mill was believed to have been quarried from this Karragullen rock. The responsibility to find a suitable millstone fell to Titchie Richards who apparently quarried and transported the granite block to the South Perth site early in the colony's history. Titchie Richards later retired to Karragullen when the town was in its infancy. He told the story to locals, who have carried on the yarn to this day.

To establish the truth of this story is a bit complex. The rock today is on Ray and Jan Batey's land and they recall the yarn about the millstone - relayed by Ken Smailes. There is a flat area of the rock that shows cut marks that could have been where the granite millstone was removed. The mind boggles when you think how hard this would have been to cut out without modern drilling and cutting tools. Close to the rock, there are some floaters - large blocks of stone that could have been remnants or discards.

So is it true? Little evidence is available from written history. The South Perth Flour Mill was commissioned by William Shenton on a foundation stone laid by Governor Stirling in 1835. Peak production was 680 kilograms (1,500 lb) of flour per day. Operation ceased in 1859.

At this time there was no development at all in the Perth hills by anyone accept early timber cutters. However it is possible that this large outcrop may have been the closest suitable to cut a solid un-fissured granite slab from. It cannot have been easy to transport the solid millstone through the dense jarrah forest all the way to South Perth!

Information from the South Perth local history publication Peninsula City and an article called 'Construction of Shenton's Mill Point Belches 1833-1837 written by Alan

Parsons* does provide some

first was that it was fixed facing northnorthwest and could not be turned to accommodate changes in wind direction. The second was the strength and durability of the wooden mill.'

'To overcome these problems Shenton designed and built a second mill of faced limestone which was probably obtained from the quarry at Point Lewis on the other side of the river.'

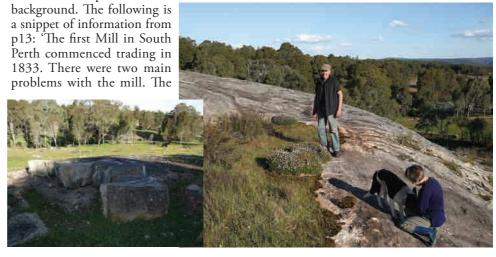
It appears that it is not stated where the millstone came from. What we do know for sure is that the mill itself is constructed from limestone but there is nothing to show for sure whether the millstone was Karragullen granite. Perhaps we need to explore this with geological testing?

*Published in a magazine called Trust News: The National Trust of Australia (W.A.) Vol 220 Spring Edition September 2004.

A comment from Bevan Carter, who along with his wife Jennie, is currently completing the history of the Armadale area:

'I haven't heard of the millstone story which is very interesting. Shenton's mill ceased production in 1859 so, regretfully, I think the story is unlikely because the stone could not have been transported by river, which was the usual way of getting something so heavy moved, as the Canning was not navigable further up than Cannington. I doubt if it came by road because until Albany Highway was constructed in the 1850s the track from Perth through Kelmscott was too sandy and boggy for heavy wheeled vehicles - the main reason that Kelmscott didn't thrive. It would also have been an enormous feat to get something that heavy over the hills to the Swan River. 'There was a flour mill on the Neerigen Brook at Kelmscott built by Joseph Batt in 1850 but I haven't been able to establish exactly where it was. Perhaps the granite millstone was used there. It would be nice to know for sure.

Pictured below Jan and Ray Batey inspect Millstone Rock and inset 'the floaters'.





On Saturday 11th September, lovers of Indigenous artworks were treated to a special treat with the opening of the latest exhibition at Genesis.

Following her success as an exhibitor in the GET smART auction and art exhibition running at the John Curtin Gallery, local Roleystone artist Annette Nykiel showed her pieces locally at Genesis In the Hills, Vegetarian Restaurant. The owners of Genesis, Ita Goldberg and Rivka Cohen, are supportive patrons of all aspects of art and culture, and this last exhibition is very close to their hearts, celebrating as it does the talents of both Annette and the wonderful Marlu

Kuru Kuru women. Annette has been involved in Indigenous Art working with the Marlu Kuru Kuru group out of the Laverton Outback Gallery (see their website <u>www.laverton-</u> outback-gallery.com. au). Laverton Outback Gallery was established to display, promote and sell authentic Aboriginal art on behalf of the people of the Laverton and Western Desert areas. Annette Nykiel is the Manager of the gallery. Pictured at the Marlu Kuru Kuru exhibition: Fiona Marr, Sue Alexander, Clair Nairn and Hortense Pearce.



A BETTER CHOICE FOR ROLEYSTONE MOTORISTS Ian the Manager of Roleystone Autos has shifted companies to Better Choice. This will give Roleystone drivers even greater opportunity to purchase cheap fuel. And they are still accepting IGA discount vouchers. So if you want even more competitive pricing, with good quality fuel and the same friendly service, then drop into Roleystone Autos.







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Van Uden's Trip to the Centre

Wayne and Jo Van Uden and their two daughters Kylie and Sarah, recently set out on the trip of a lifetime, to drive 6500 kilometres to the dead centre of Australia.

All was organised – and yes, Wayne had did all the mechanical checks before they left!

The drive was great until they were 2kms out of Menzies (one and a half hours east of Kalgoorlie).

You guessed it – their car broke down! No worries, Wayne the mechanic should be able to fix it. But no way – he needed a part and no 'bush mechanics job' could get them on their way again. So the family limped back to spend some 'quality holiday time' at the Menzies Caravan Park!

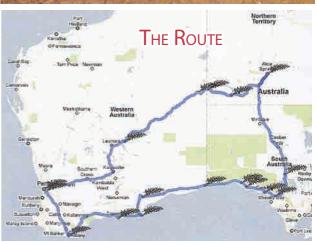
Wayne then started proving that it is 'who you know' that can get you going again. He

rang a contact at Coventry's in Kelmscott, who contacted Kalgoorlie and yes they had the Nissan part they needed. The only problem was that the delivery service had already left and they only send out one per day. Due to the camaraderie amongst car men, the Manager drove the part out – a short 300 km round trip. They were ready to go again.

The family didn't waste their time while in Menzies. The girls met some old prospectors who showed them some nuggets they had found. One was the length of a coke can and worth \$7500. This was found just lying on the ground. Some times, it is places off the tourist track that provide some of life's best experiences.

The rest of their trip went without incident: Seeing 'The Rock' at Uluru, looking for opals at Coober Pedy and just seeing the wonderful desert centre. Two weeks later they returned home, tired but invigorated by what they had seen and experienced; and just a little thankful for the mates who had helped them out on the way.





Pre Xmas Sale

At the Roleystone Senior Citizens Hall Jarrah Road 7 November To coincide with the monthly Fair at the School.



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World Challenge Expedition



Six young people from Roleystone have decided to take part in a 'world challenge expedition' (WCE) to Borneo in 2011 through Lesmurdie Senior High School. The program is facilitated through WCE and is designed to provide the students with the opportunity to plan, fundraise and coordinate their own journey, building relationships, and testing/ pushing themselves personally, mentally and physically.

The year 9 students: Josh Oppelaar, Kwakou Selormey, Rhiannon Tilbrook, pictured above, will be joined by Hannah Meuli, Miles Bailey and Simon Anketell-Jones. They are all enthusiastically approaching the challenges the next year will bring.

The students will be in northern Borneo for four weeks. During this time they will be working in a village to do something to assist the locals plus embarking on a range of adventures including climbing Kota Kinabulu and trekking in the jungle. The students will be planning their itinerary, arranging transport and accommodation, researching the culture and history of their location and many other aspects of their trip. The hope is that these young people will develop life skills such as: leadership, teamwork, learning from mistakes, accepting others for who they are, non-judgemental, planning, money management and many others. How better to do this than go to a country less fortunate than ours and see how others live and be given the opportunity to give back in the way of a project.

Essential to the success of their challenge is getting their community involved in their progress. Mother of one of the students Lynda Tilbrook said: 'It's a big step in these kid's lives. They have to fundraise \$5700 by next November. We are hoping the local community will support all of their fundraising activities.'

The students are now embarking on a massive fundraising program, both collectively and individually, to come up with the funds. Events will be advertised in the Roleystone Courier and on RoleyNet and everyone is invited to join in and support them in their efforts.







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On Monday 6th September local author Doris Stutley commenced promotion of the Armadale Young Writers' Award by working with students at Roleystone District High School. She spent an hour with a group of year 9 students explaining the new award and conducting a creative writing workshop.

Doris Stutley is the author of the thrilling 'Operation' series of crime novels for young people. These are all set in the Armadale area and focus on school-age teens.

Doris wanted to be an author all her life; for many years the ideas were there but not the opportunity. After raising her four children, when her youngest was only 4, she resigned from all commitments and started writing. It took a year to write book number one, and the next three books quickly followed, taking about six months each to write.

Books 1, 2 and 3 were initially picked up by Lothian Books, and published in 2001, 2002 and 2003. Following an horrific attack

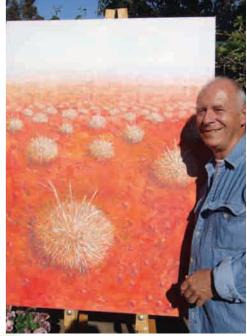
in 2003 involving a carjack and being attacked with a baseball bat, Doris suffered considerable injuries both physical and psychological.

It was many years before she was able to pick up her writing career, and working on book four of the series was therapeutic. In 2009, Doris and her husband created their own publishing company and have republished the first three books, adding book four. Book five is due for release in 2011.

So now Doris is assisting others in their quest to write a best seller. She is supporting the new award by sharing her expertise at student writing workshops in a range of schools over the City of Armadale.

The Armadale Young Writers' Award, is running for the first time in 2011 and is aimed at upper primary and lower secondary students. This new award replaces the 30-year-old Mary Durack Award for Young Writers.

Pictured above left: Year 9 students Brendan, Mikayla, Cameron and Jamie with Author Doris Sutley behind.



EXHIBITION FOR LOZ

Laurie Smoker was the art teacher at Roleystone High School for 18 years. Now he is having an exhibition of drawings, watercolours, acrylics, oils and sculpture at the Victoria Park Art Centre, 12 Kent St, Victoria Park for two weeks from November 5th 2010. Check it out.

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LIAM TICKNER WALKS 'FOR A CURE' FOR DIABETES.

Roleystone local Liam Tickner will this year join the mums, dads, workmates, aunties, Walk to Cure Diabetes, on 17 October, together with uncles, friends, neighbours and 40,000 members of the type 1 diabetes community grandparents will take the unique who share the goal of raising \$2 million to find a cure for this devastating disease.

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opportunity of sharing their stories of hope and moments of triumph over type 1 diabetes.

Typically striking young people, type 1 diabetes is a lifelong disease that destroys the ability to produce insulin, which is vital for life. The Tickner family will join the Walk to Cure Diabetes for the third time, with their son Liam, who was diagnosed with type 1diabetes in 2008.

Liam's mother Lys Tickner said she was thrilled to see so many supporters of the mission to find a cure for type 1 diabetes. "It is always a real eyeopener for us to know that thousands



of people have joined the Walk to Cure Diabetes to support kids like Liam. The atmosphere is simply amazing.'

The Walk to Cure Diabetes gives everyone who shares the hope of finding a cure for type 1 diabetes the chance to come together to celebrate research progress and pay tribute to those scientists who take us closer every year to a cure for type 1 diabetes."

TO THE OWNERS OF BATTLE AXE BLOCKS OR POTENTIAL BUYERS OF THIS TYPE OF BLOCK **BEWARE**

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devalued and possibly be put into unwanted shade. These sheds are difficult to screen with vegetation unless there is 3 metres at least on your side of the boundary. C. Leonard

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Her Place in the Sun

In last month's Roleystone Courier, we announced a competition to win copies of the book 'Her Place in the Sun' by Mark Harland.

The book mentions the 'Roleystone Courier' and 'Roleystone' many times and it is also a really good story with many twists and turns. The recent election instability made me think that the author had some foresight in his plot. The winner was: Ms Sandy Anderson (pictured

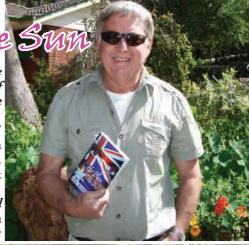
below right). Also a book was donated to Virginia O'Keefe of Roleystone District High School for consideration as an English text.

I also was able to pass on my copy of the book, to long time Roleystone resident Mr Ernie Gill who features prominently in the book (well he is really the main character) and so does his dog. Ernie is ictured at right.

The answer to the question about what edition featured the dugite eating the snake was January/February 2010.

All readers are encouraged to get the book and have a read. It is available online via <u>www.ypdbooks.com</u> and also on Amazon.







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Roleystone Primary School Faction Carnival



The decision to postpone the local Primary School Faction Carnival due to rain in early September, proved to be a wise choice with beautiful weather and a large contingent of parents and grandparents in attendance. It was closely fought with only 41 points



RPS Factlon Carnival

separating 1st and 4th so all the factions had a lot of success, especially the winners, Blue. Mr Springett and the staff did a wonderful job and the P&C ladies worked hard in their tent all day but were well rewarded for their

Roleystone Primary School Faction Carnival



efforts. The Blue Faction Captains are pictured top left with the winning Shield: Ashleigh Griffiths and Mitchell Castledine. The other photos show the spirit of the day. Thanks to Phil Springett for the photographs.



Above, seen at the Grape Gallery: Tony and Margaret Woods went out as a couple for Fathers Day. With their children far, far away (in London and in Sydney) they had the luncheon they would have loved to have had if the children had been closer to home. Above: The Sinclair and Adams families joined together to take advantage of the Father's Day Luncheon at the Roleystone Country Club. Pictured: Melissa, Wilma, Phil, Lila, Gail and Dave.

SOME SPIRING CELEBRATHONS

At right: The Araluen Golf Resort hosted the Giddings Family. Pictured: Christopher, Amy, Michael, Gina and Eunice. The newly weds Christopher and Amy, of Rockingham held their wedding at the resort last year.





Who is Mr Russell?

Above: Seen at the Grape on Father's Day: The three dads of the Russell family. By coincidence Andy and Melissa Russell have the same surname. This means that both sets of parents have the same surname too. They are all 'Russell'.

There are 3 grandchildren including Olivia (pictured) and another one on the way (due in November). Pictured: Hazel, Peter, Andrew, Olivia, Doreen, Brad and Melissa. Melissa recalls: 'The meals at The Grape were absolutely fantastic, as always and we love the new menu!'

Family Centre Says Thanks!

Sunday September 19th was the date chosen by the Roleystone Neighbourhood Family Centre to host their annual 'Thankyou'.

This year it came in the form of a champagne brunch, with refreshments accompanied by wonderful food provided by Julie of The Roasted Bean.

Fifty honoured guests including: centre staff, volunteers, tutors, course presenters, user groups, local

politicians, committee members and assorted 'Centre friends', were present and received the heartfelt thanks delivered by President Jean Henrickson.

Once again Centre Manager Sue Spry was singled out for special commendation due to her continued commitment to the RNFC.

A highlight of the function was the awarding of Life Membership to Jill Grimbeek. This honour has only been bestowed on 6 others in the twenty year history of the centre, so is a very worthy award.

The RNFC provides a valuable service to our community and everyone associated with its continued functioning deserves our thanks on a job very well done.

Pictured above right: Ken celebrates his 69th birthday with Kelvin and Maureen at the bash. At right: Sue Spry congratulates Gill Grimbeek on her Life Membership. Well done Gill.

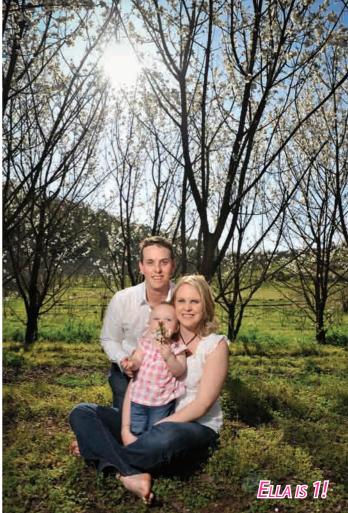






Above: Roleystone resident Kevin Kelly moved to Perth 2 and a half years ago. Last month he and his 'wife to be' Sharon returned to Ireland for 4 weeks to get married. They tied the knot on the 28th August at the ancient St Mays Oratory Buncrana, County Donegal, Ireland. Their reception attended by many family and friends was held at Inishowen Gateway, Buncrana, in County Donegal. It was a great day!

Kevin is from Derry and Sharon hails from Dublin. The couple met 7 years ago and got engaged in Thailand on Valentines Day. They have now made their home in Roleystone. Congratulations. At right: Ben and Kymberley Ritchie celebrated Ella's first birthday with some very special photos in amongst the cherry blossom. The photos were taken by Tim of Timography. The location was Irymple Orchard. Happy Birthday Ella – you are very cute.





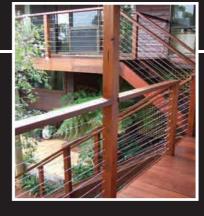
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Danni Stars with Elvis and Andy Warhol

Roleystone's Danni Close, an aspiring young actor has again scored a major role in a Perth production. Danni is playing in *All The King's Women*, a collection of comedy scenes based on Elvis Presley's impact on some very different women. The show features 10 actors who play 21 characters and focuses on their meetings with Elvis. Danni plays two of these women. She stars as Beth, in a scene where President Nixon meets Elvis and Bonnie during an event when Andy Warhol explains art to him. *Above: Danni is pictured in this scene - she is at right*.

Danni has always had a love of theatre. She performed at the Roleystone Theatre and won the dux award for theatre while she was still at high school at Kalamunda. She went on to study sound for performance at the WA Academy of Performing Arts. Locals can catch Danni performing in *All The King's Women* at the Phoenix Theatre over October – November. The Phoenix Theatre is located on the corner of Carrington Street and Rockingham Road within the Hamilton Hill Memorial Hall. Well done Danni and 'break a leg'!

Kezia's off to Mexico

Kezia John is a young lady on a mission.

She is combining her love of music and her faith to complete a Music D i s c i p l e s h i p Training School at Youth With A Mission, Perth



(YWAM). Youth With A Mission is a non-denominational faith based relief and development agency with various locations all over the world.

As Youth With A Mission celebrates its 50th anniversary it has more than 1600 volunteer workers, with two thirds coming from developing nations. YWAM uses youth of all nations and ages (17+) who have a heart to follow God. Kezia has just completed her three months training and she is now entering the second phase; three month outreach phase to Mexico City. Her work will consist of evangelism, training and mercy.

Before she left Kezia recalled: 'Our class needed over \$120,000 to go to Mexico. Through God's provision we have seen \$119,700 come in over the last 3 weeks through fundraisers and supporters. I am now so excited to get started!'

Kezia left for Mexico City on September 26. This teeming city is currently one of the largest cities in the world. It has one of the highest human trafficking rates in the world, is one of the highest drug trafficking countries and one of the highest crime rated cities in the world. Kezia will be there for 11 weeks reaching the broken, helping the poor and needy. She will also be using her talent as a musician to reach the people of Mexico City. Good luck Kezia and well done for following your passion and faith.





Bowling Along

Our season has finally started with the official Genesis in the Hills Opening Day being held on Wednesday 15th September. With fine weather and the greens in good condition it was wonderful to see the day well supported with around 30 club members taking part to mark the commencement of our new season. Club stalwart, Wandie Mitchell, was given the honour of placing down the first bowl, which was obviously a good omen as she went on to be part of the winning team alongside Hilda Davis and Margaret Munn. Runners-up on the day were Julie Stokes, Jan Meaney, Annie Barnwell and Marcia Kitson.

On Sunday 19th September the WJ & KS AUTOMOTIVES Soup Day was held with over 80 bowlers taking part in ideal conditions for bowls. We were delighted to welcome a host of visitors from many other clubs who enjoyed a very successful day. Winners of the event were Judi Smailes (Pickering Brook), Doug & Teri Hayes (Gosnells) and our own Jim Hay. Runners-up were Diane Hastings, Lynley Jury (Kalamunda) who teamed with locals John Pryer & Annie Barnwell.

Earlier in the month we had two teams travel to Kalgoorlie for their Open Day with Norma Smith, Linda Mellors, Jan Meaney and Jenni Dean taking out second prize for the event.



Pictured top: Doug & Teri Hayes, Judi Smailes and Jim Hay show off their trophy after winning the WJ & KSAUTOMOTIVES Soup Day.

Pictured above: Wandie Mitchell and Margaret Munn are congratulated on their win by Ita Goldberger from Genesis in the Hills.

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Roleystone Primary School News

We have had a really interesting time since the last edition of the Courier went to print. As a follow-up to our book week incursion children were invited to come to school dressed as their favourite book character an annual event strongly supported by parents and carers. The costumes were fabulous! I thought the staff made a terrific effort as well, which added to the fun of the parade for the children.

Music made its mark at the beginning of the new month with an incursion featuring a percussion group called Tetrified. As with all 'Musica Viva' groups they were extremely professional and they taught the children a great deal about music and about having fun. The children were also asked to participate in some sections of the concert as well as being questioned on topics that they had covered in music classes.

The Year 5 choir attended, and performed at, Senior Dale Fest. Mrs West was very happy with their performance and she said that the event was, once again, a success.

The build-up to the Athletics Carnival began on Wednesday 1st September with the Jumps and Throws final events. Then on Thursday 2nd September the Cross Country for years 3, 4 and 5 was run. There were some fantastic performances, and the best thing about it was that every child who competed was able to earn points for their faction.

Carnival day itself was wonderful. The standard of excellence was set by the Kindy kids running very fast and in very straight lines. Many teachers commented on the fantastic behaviour of the children and there was no question that they tried their hearts out in all of the events. Fine sportsmanship was displayed through children encouraging each other, and by congratulating friends who were not even in the same faction.

Red pipped Gold to first position, followed by Blue





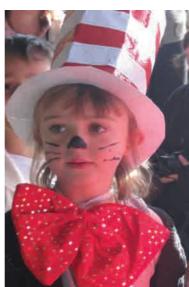
and Green. In a rather unfair Tugof-War, parents were undisputed winners against a combined staff/ students team!

We've had two Assemblies run by Rooms 8 and 9 respectively. Room 8 based theirs on Fathers, as it was Fathers' Day the following Sunday.

They sang very well and their artwork gave the undercover area a real lift. Room 9 catered to the romantics among us, with Spiderella meeting her Cicada Prince who cleverly managed to find her by deducting that the six – legged impostors didn't have enough feet to fill the shoes in his possession.

That's it from me – only two more sleeps to holidays!!!! Pat Watson

Pictured below clockwise: The Cat in the Hat is Amber, Lyn Hunt and Karen Wishart all dressed up and a parade to go to and Connor is a crocodile!





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The Hilarians

A photo of a musical group that ran in Roleystone in 1947 is reminiscent of a bygone era when fun and entertainment was created rather than provided by switching on the television or computer.

Many of the young people of Roleystone were talented musicians. And most of these were taught to play by an extraordinary music teacher Mrs Mary Knuckey (nee Parker).

Mary had arrived in the district in 1911 to teach at Roleystone Primary School (she was the second teacher to be appointed here). She married postman and blacksmith, Richard Knuckey and stayed in Roleystone for the rest of her life.

Mary believed that music students needed to perform as well as play. In 1947 she had a group of talented musical students all learning the violin and banjolin. She grouped them into a musical ensemble to perform for 'fun and in musical competitions' recalls Hilarion, Shirley Brown (formerly Winstanley). The first ever song they played was Hilarity and thus they became the Hilarians.

Their efforts were rewarded by winning the instrumental section in the 1946 Eisteddfod



in Armadale and later their talent gained them 3rd place in the finals of the Relax Show, conducted over radio for amateur performers. In the programme presented by the Roleystone Concert Party in 1946, the Hilarians opened the entertainment with a bright rendition of 'Flying Wedge'. Later they played their signature tune 'Hilarity'. Choruses were included (often very humorous) and short sketches and skits interspersed the solo and group singing. Three plays were also presented: 'Compromising Martha', 'The Three Sisters', 'Evening Dress Indispensable' and a highlight was 'An Irish Scene'. They played often after that for enjoyment and fun and many of them retained their love of musical performance throughout their life.

Pictured above 'The Hilarians':

At back: Curnow Knuckey, Shirley Winstanley (later Brown), Joan Richards, Lloyd Knuckey At front: Phil Martin, Mavis Fuller (later Mavis Martin), Mary Knuckey and Mal Standing.

Many of their decedents are still living in Roleystone. Comment by Mary Parker to neice Verna Mundy: 'I have my doubts this will work but what does it matter so long as we are doing it ourselves, taking part, instead of being merely onlookers.'

Maybe we can still learn from this today?

MUM and DAD – WHO ARE YOU?

What do you really know of your parents' life story? The completed documents will Do you know of their struggles and achievements, their disappointments and joys and the experiences that have made them the unique people they are today?

The tradition of family storytelling is being lost in the rush of today's world. The knowledge of personal ancestry is a very valuable inheritance to pass on to your children. Consider the preservation of your family history as carefully as you do your Will.

Trish Robinson, creator of Your Life, Your Story, would be pleased to meet and speak with your parents, record their history and write their stories.

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contain historical facts and dates, woven together with the challenges and achievements of your parents' life, to reflect their true personalities.

Plus, handwriting samples, important documents and a photograph gallery can be included.

Trish has successfully completed numerous engagements, over the past decade. These have been for rural and metro individuals, businesses and communities. Trish offers very reasonable rates and examples of her work are available for you to view.

This is the perfect opportunity for you to show how much you value your heritage and to make a special gift to your whole family. For more information on the service "Your Life, Your Story" contact Trish Robinson: 9349 8047.

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Elton Clay is a local Roleystone painter who takes the time to provide exactly what the customer wants.

He is currently working on a renovation where the owner has a chemical sensitivity; Elton has taken the time to source products that do not aggravate this. Listening to what the customer wants allows Elton to takes the time to give them a great product.

Elton has been painting for over 15 years. After completing an Arts Degree in the UK he joined the family painting business. Unplanned family health problems, made him the boss and he found himself managing 15 men and planning and completing some large projects. He painted the famous Savoy Hotel in London and completed numerous specialist renovation jobs.

Elton married a girl from the Perth hills and she wanted to 'come home', so on New Year's

Day in 2009, they found themselves living in Roleystone. Elton and his family are very happy that they have made the move to WA and he has really taken to his hills home: 'Never mind the sunshine and weather, it is the people that make Roleystone a great place to live.' Elton said.

Elton is keen to meet up with anyone who wants a quality painting job; he is looking to take on more local work. He is on the way to being green accredited and makes certain that he is informed and that his painting business is ethically and environmentally sound.



IT'S TIME!

Yes, it is time to consider treating your bush against dieback disease. If you need help, come along to one of our field days in a local reserve. Members of Roleybushcare will give you instruction on how to proceed. It's very easy to do. If you help out that morning, you will be able to borrow our equipment to do your own trees. It is recommended that you inject your trees every 3-5 years. Grass trees, zamias and small vegetation need to be sprayed every year. The procedure for spraying is different. The strength of the phosphite is less and a wetting agent is added. Not complicated at all to do and sure beats paying hundreds of dollars to remove a dead tree.



Roleybushcare Inc. C/- Roleystone Neighbourhood Family Centre Email: info@roleybushcare.com Website: www.roleybushcare.com

HEROES

The photo is of Kathy and Peter Blaney-Murphy. Kathy provides morning tea for our volunteers at some of our field days and Peter is our Equipment Officer. Peter looks after our two fully equipped trailers. This is a very important job as our equipment is also sometimes used by groups outside of Roleystone. These two great people recently organised a clean up day at their home and provided a delicious lunch for the helpers. Thank you Peter and Kathy.

ROLEYBUSHCARE CALENDAR

The new Roleybushcare calendar for 2011 is available in our local shopping centre. The calendar features some of the artworks that were displayed at the 2009 Roleybushcare Art Exhibition. These artworks were created by local artists using our bushland reserves for inspiration. This is a very special limited edition calendar. It will be available for \$15 from Roleystone IGA and the Roleystone Newsagency.

FIELD DAYS

The next field day is Sunday 10th October at Sylvannia Park Reserve for dieback treatment. We will meet in Chevin Road, Roleystone (closer to Brookton Highway) at 9am and work till noon. A sign will be on Chevin Road. Newcomers welcome. Morning tea provided. Please check the website closer to the day for any changes. For extra information or a map of the reserve, go to www. roleybushcare.com.au or see the Roleybushcare notice board located in the Roleystone shopping complex.

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Billy Shears The Hair Club



Billy Shears Opens

One year ago the Roleystone Courier announced that: 'Award winning Roleystone hairdresser David Appleton has opened a 'salon at home' and invites local residents wanting their hair to be styled by an internationally acclaimed artist, to give him a call.'

The business has grown over the last year and now that David has been joined by a team of stylists, he has introduced 'Billy Shears The Hair Club.' The new team consists of: David, his wife Karen, their son Jabier and Marlene Cross.

Their new business venture will be located in Brackenridge Village - with beautiful glass windows looking over the panorama of the valley. There is great parking and the inside the new salon gleams and 'radiates class'. The salon is totally in character, peaceful with an ambience, and the team will provide all of their clients with personal service. New and old clients are encouraged to take a drive down and visit

– or even better, book in for a hair design that will suit you and your lifestyle.

David is keen to give locals this year's fashion trends in terms of colour, cuts and styling. David's advice is: 'Hair Design is the work of creative professionals who can give you a new cut, colour or style to suiting YOU! You are an individual and it is our job to send you out with a lifestyle of 300 or 4.

GARDENING NOTES



design that will make you feel good about vourself.'

David has been hairdressing for over forty years, has a long history of training others in the industry and he has been recognized as a specialist in cutting and colouring techniques. Now he has been joined by others who reflect his approach to hair styling. So if you want a top look try Billy Shears The Hair Club: on 9397 9219 or

JEAN: 9397 5547

Spring is here and so are the azaleas.

It is so lovely to see so much colour in the garden and fruiting trees in blossom with patches of colour underneath them. This certainly increases the visits from bees making fruit set more certain.

In Japan, their azaleas were coming into bloom, while we were there in March. They don't grow the plants so much for flowers but mainly for the shape, where they prune for the plants to look like rocks or clouds.

How can you resist plants with names like: Heart throb, Romance, Tickled Pink and Coconut Ice? Then there is a recent introduction called Apricot Delight. Red Wing just walks out the door, while Flamingo and Ostalett are deep purple: Special Occasion, Cha Cha and Albert Elizabeth are bi-colours. The whites give definition to the garden and lift the colours of all other varieties. Try: Dogwood

White, Princess Sharon, and White Lace for those sunny spots and White Scheme, Alaska and Heidi in the shade. Stella Maris and Rosalie are white and pink and grow the same as Heidi, but they have red markings whereas Heidi has green.

I went along to the Gardener's Circle at the Cannington Show Ground Hall, where I was fortunate to win another rose for my collection. I also bought a variegated orange abutilon. They have a really good range of perennials, a lot not available in nurseries. The speaker, Bob Dixon, gave a most informative and interesting outline on the resources of Kings Park and also the breeding of plants that have almost become extinct. This was followed by a sociable country supper. As the weather warms up, think about enjoying it with other gardeners at this venue.

We had a happy gathering of the Roleystone Gardener's Group last week and one of our projects was the division of an orchid plant. This orchid has a sweet smell and its flowers are purple green. Sue sold it to me when she was leaving for Cambridge; previously it had belonged to her mother. I hope all the plants thrive even though it probably wasn't the right time to carve it up. I really appreciated Graeme's strong hands on the carving as I wasn't making much headway with it.

We are very fortunate to have the opportunity to visit Bettenay's Orchard, Irymple, this year in the fist weekend in October, to see the flowers in bloom and put in your orders for Christmas Cherries! What a wonderous sight cherry blossom is and you can dream Happy Gardening. you are in Japan.

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Everyone who exercises, especially in Roleystone with the hilly terrain, experiences a stitch at some time. Here is some info that may help you to better understand stitches and what to do about them.

What is stitch?

A stitch is a localised pain usually felt on the side, just below the ribs. The pain ranges from sharp or stabbing to mild cramping, aching or pulling. Sometimes people can exercise through the pain however, usually the sufferer is forced to slow down or cease exercise. The pain usually eases within a few minutes after ceasing exercise.

What causes stitch?

One theory is that stitch is caused by organs pulling on the ligaments that connect the gut to the diaphragm. A more recent idea is that stitch

is caused by irritation of the two layers of membrane that line the inside wall of the abdominal cavity.

> It is thought that the stitch occurs when there is friction caused by a distended (full) stomach. Eating and drinking inappropriately prior to exercise may exacerbate a stitch. Poor fitness, an inadequate warm-up and exercising at high intensity may also be factors.

How can I avoid stitch?

• Eating too closely exercise or to consuming foods high in fat or fluids high in sugar seems to exacerbate the stitch. The likelihood of stitch occurring may be reduced by allowing 2-4 hours before exercising after a large meal and

choosing high-carbohydrate, low-fat and moderate to low protein options in the preexercise meal.

• Consume small amounts of liquid at regular intervals throughout exercise.

• A Stitch may also be minimised by following a training schedule that progressively increases in intensity and duration. Sudden increases in intensity are more likely to cause stitch. It is much better to start at an easy level and slowly build up.

How should stitch be treated?

Sometimes the stitch eases if you slow down and drop your intensity for a period. However, the most common way to alleviate stitch is to bend forward while pushing on the affected area and breathing deeply.

Does stitch indicate a more serious problem?

The stitch is rarely a sign of more serious problems. However, any pain that is persistent and does not ease when exercise ceases should be investigated by a doctor.







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Bendigo Bank

Community Meets to Deliver Big Ideas

Roleystone-Karragullen Community Bank[®] Branch

recently held a community forum to discuss future community projects that would benefit the local community.

Forum Convenor Chris Johnston said the forum was a great opportunity for the community to contribute to the development of the town and discuss how to create a sustainable future in the area.

"The evening was a huge success with more than 60 in attendance and many possible projects identified," Mr Johnston said.

"The guests were passionate about the plans put forward and we have been overwhelmed with people offering to help further some of the ideas raised."

The night also included a Youth forum, to allow local young people to put their ideas forward about what projects they believe would make a difference in the community. The finalists of the competition were announced, and each winning entry was awarded a \$50 bank account. In addition \$500 has been donated to the School to help with the fundraising for the Science team's Gosford trip.

Community Bank[®] company Chair, Anne Johnston said the board and staff were excited by the ideas raised at the forum. "The board will liaise with stakeholders to gather information and begin feasibility studies for some of the larger projects, Ms Johnston said.

There was a wide range of projects discussed during the forum including;

- Community Recreation Centre
- Youth interests
- Family Motor Cross facility
- A Story Walk, an adventure which combines a children's story with a popular walking route

"The board would like to thank everyone for attending the forum and providing the Roleystone-Karragullen Community Bank" branchewith direction on how to consider future project funding." The ideas will be collated, and will be presented at the AGM, 7pm on Wednesday 10 November, at the Thomson House Seniors Centre. For more information contact Anne Johnston, on 08 6396 0756.



The Roleystone-Karragullen Community Bank branch of Bendigo Bank recently ran a competition entitled 'How Would you Improve your Community', designed to give youth a voice.

Lumen Christi College student Brodie Addison-Eager's entry was a model of the skate park he would like to see built. He was one of 6 finalists and received a bank account of \$50 plus the chance to be the overall winner of the competition with a \$150 bank account. He is pictured at right with Manager Michelle Brace and his winning entry. Also pictured: above Michael, Douglas, James and Cameron - all from Roleystone DHS.



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ARALUEN NOTE:

TULIPS The tulips are looking stunning at the moment

but with this warmer weather they are not going to last too much longer. Due to the colder mornings over August and September, the tulips where very late in blooming this year but the upside is that we should still have tulips blooming into October. The Camellias, Azaleas and Magnolias have also been at their best this year and are well worth a visit. CHILDREN'S ACTIVITIES The very popular activity fun days will be



held Thursday 30 September and 7 October from 10.00am - 2.00pm. The program is designed for children 3-14 (accompanied by an adult) to explore their creativity in the setting of the beautiful Araluen Botanic Park. The activities are supervised by Park volunteers and include activity sheets that will take the children on some interesting and fun walks where they need to answer questions or find objects. The afternoon program will be craft activities and the theme this time will be 'Pink Galahs'.

REMEMBRANCE DAY Thursday 11 November

A special Remembrance Day Service will be held at the Grove of the Unforgotten on Thursday 11 November at 1.30pm. The Department of Veteran's Affairs, in conjunction with the Araluen Botanic Park Foundation, wish to extend an invitation to all Roleystone residents to attend this special event.

Representatives from our local schools, service clubs and members from Local and State Government will also attend this service.

Liz Dunn





Tree problems?..... Here's the Solution......

Roleystone Karragullen Suicide Prevention Group

What an amazing couple of needs better and know where to start. had!

assisting us as a community in reaching our goals.

situations of past victims of suicide was brought up.

Roleystone Courier put her hand up to begin talking to some of from within the community. the families affected by suicide lives, can fall into the high risk discussing at our meetings. category.

CentreCare to establish just how depression are perceived in the lines! community.

This will enable the committee headway. to understand the community's Evie Molson

weeks we as a community have CentreCare managed to hear from Roleystone & Karragullen residents The committee recently met the about where they felt some of the issues CentreCare team who will be arose from, more importantly brave parents of suicide victims came and spoke about their experiences.

Action items were raised but All of this information helped most importantly the idea to CentreCare get a real feel for us and perform some much needed what we expect from them. The recent research into the families and Bendigo Bank Big Ideas Community Forum went very well and keen members of the committee turned up Linda Moore, from the and shared ideas on what could be done, with the help of grants and assistance

Special thanks to Jane Hawkins, Chris to create some awareness of how Horgan and Bruce Waddell, who normal families, with normal contributed the Big Ideas we have been

It was with a great feeling of relief that The research will also include we saw more youth activities and a the creation of a simple youth worker as the number 1 big idea questionnaire that will enable as an improvement for the Roleystone/ Karragullen area. That to me states high risk/suicidal behaviour and that we are all thinking along the same

Thanks again for the community's It will give a clear idea where interest in this important cause. It the gaps are in our community. is very obvious to see we are making



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Roleystone Courier October 2010 Page 35

NO JOB TOO LARGE OR TOO SMALL

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Under New Management

Ben and Sue thank you for your support in our transition.

***October Trading:**

M-Th 9:00am-5:30pm, F 11:00am-5:30pm Sa 8:30am - 4:00pm, Su 10:00am-2:00pm *Unless otherwise posted

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nd Sue Ph: 9397 5643

 Ben and Sue
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Offer valid until 31/12/2010. New loans only. Minimum eligible home loan is \$150,000, and all loans must be settled with Roleystone - Karragullen Community Bank® Branch. The \$500 deposit may be credited to a new or existing Bendigo Bank account. All loans are subject to the Bank's normal lending criteria and terms and conditions. Fees and charges apply and are subject to change. Bendigo and Adelaide Bank Ltd, The Bendigo Centre, Bendigo VIC 3550. ABN 11 068 049 178. AFSL 237879. (S30225) (07/10)

Roleystone-Karragullen Community Bank® Branch

Maximising Flavour and Nutrition with Organic Growing

With summer on it's way it is a great time to get into the veggie patch and give the summer fruiting trees a little TLC. The October 13th meeting of Roleystone Organic Growers will be all about how to this.

Our speaker, Len Edwards from Vital Organics will be talking about soil health, how to start building your soil, maintaining healthy soil, plant selection and why you should grow organically.

Len will also talk about Natrakelp which is an certified organic liquid seaweed fertiliser. Liquid fertilisers offer a quick response. The nutrients are almost immediately available to be absorbed through the roots or leaves, correcting nutrient deficiencies quickly or giving the



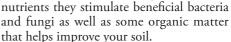
On the 14th August the Roleystone Girl Guides held a disco at the Roleystone Neighbourhood Family Centre.

We had 60 local kids turn up for a fun night. The DJ kept us busy with great games and

dance music, even when the parents got up and joined in.

We had some great prizes

plant a general boost through the growing season. The great benefit of liquid organic fertilisers is as well as adding



Rolevstone

anic Grou

Len has had a lifelong interest in gardening and has spent the last 23 years in the horticulture industry. He was a landscaper for 15 years and has been at Vital Organics for the last 8 years.

The meeting is on Wednesday October 13th at 7.30pm in the Roleystone Family Centre, 19 Wygonda Rd, Roleystone. Entry \$3-members free. Enquiries to Lisa 9399 2312. *Lisa Porter.*

and give aways and the glow in the dark products were very popular and sold out quickly. Roleystone Girl Guides would like to thank all the local sponsors who enabled us to put on the disco and helped with the prizes. The sponsors are: The Roleystone Karragullen Branch of the Community Bendigo Bank, IGA Roleystone, Ativ- ate Kelmscott, Network Video Roleystone, Ray White Real Estate and The Roleystone Courier.

Thanks to you all! We hope to see you all there again next year. *Angie Mountford and Joanne Meuli.*

Jade Lewis Visit

I am writing to you as a concerned parent and community member.

Collective groups in our community are expressing concerns about issues our youth and families are facing today in our society. Recent surveys conducted by organizations such as Mission Australia show that young people today have deep concerns about: • Peer group pressure to conform to perceived social standards and

- Peer group pressure to conform to perceived social standards and behaviour
- Security of their family structure
- Our environment and its sustainability

It takes a community to raise a child. As parents we struggle to address this concern on our own as peer group pressure issues contribute to the rise of alcohol and substance abuse. The ripple effect of this can be horrific. In an attempt to inform youth and parents we have invited Jade Lewis, author of Golden Haze and Under your influence to speak at a community forum on the subject of drugs in young people.

I have personally heard Jade speak and each time I come away more knowledgeable. She comes from a very "normal" home! She has a great message for our teenagers to enable them to make correct choices so that their dreams may be realised. Jade's own story is one of shattered dreams. She endeavours to encourage others to make better life choices than she did. Jade's powerful message is not to be missed and is great knowledge for all.

Jade's presentation at St Christopher's Anglican Church, Hall Rd, Roleystone on Monday 25th October at 7pm will be most informative. A crèche will be provided. Gold coin donation appreciated.

Jane Hawkins Girls Brigade Roleystone

The amendments to the Retail Trading Hours Act 1987 to create special trading precincts in Midland and Armadale, passed by both houses last week, will now mean that people in the East Metropolitan Region will be able to shop in large grocery stores and other large retail stores in these precincts until 9.00pm weekdays and on Sundays - so long as the shop keeper wants to stay open.

This flexibility for shoppers and shopkeepers already exists throughout regional WA, in an extended Perth city centre, in Rockingham and Mandurah, and in Joondalup. No such options existed in the East Metropolitan Region before the Midland and Armadale bills were passed.

I strongly lobbied the Premier to bring in these two bills following ardent representation from the cities of Swan and Armadale.

And no wonder – extensive surveying in a similar WA area found that 82% of local shops that are currently permitted to trade outside normal hours, support the longer hours and Sundays, And 97% of local shops currently not permitted to trade outside normal hours supported the changes.

Anxiety Disorders

As a follow up to my article on suicide and depression, Cognitive behavioural I thought I would discuss several anxiety disorders and therapy (CBT)- attempts to how we can help those with these conditions.

Anxiety is a normal emotion but when it becomes behavioural patterns. debilitating, such that it affects work and relationships, Referral from your GP to a then treatment is required. Anxiety disorders are more psychologist via the "Better common in females with the most common age of onset outcomes in Mental Health being just 15 years old. Anxiety disorders commonly Care program'. occur with depression and other mental disorders. Anxiety Medicines do have their disorders are commonly (1:3 men and 1:2 woman) place when the anxiety is associated with substance abuse including marijuana, severe. Generally medications amphetamine and alcohol abuse.

Signs and symptoms include: rapid heart beat, chest pain, Ativan are used short term shaking, rapid breathing, nausea, vomiting, dry mouth (up to 4-6 weeks) to ensure and headache. Other symptoms include: excessive fear, dependence does not occur. worry, inability to concentrate, excessive or repetitive The antidepressant group actions and situation avoidance. Individuals may turn to of medicines are also very drug or alcohol use.

There are several types of anxiety disorders:

GENERALISED ANXIETY DISORDER: is characterised all help other around us by by an overwhelming yet unfounded sense of anxiety listening carefully, staying occurring most days.

Post-traumatic stress disorder: can follow any traumatic being a true friend and event but is often seen in war veterans. Characterised encouraging them to seek by nightmares, flashbacks or recollections of traumatic help, either via the self help events. Such people often exhibit sleep disorders as well strategies listed or referring as becoming emotionally numb.

PANIC DISORDER: can occur with or without avoidance of the situation triggering the panic attack (known as agoraphobia).

PHOBIC DISORDER: includes social phobia where people often withdraw from society

OBSESSIVE COMPULSIVE DISORDERS: not only includes repetitive actions (such as frequent hand washing) but obsessive thoughts. People often have an obsession about preventing some future dreaded event which then leads to the compulsive action or behaviour.

Those at risk include experiencing a severe trauma, those who abuse alcohol, a history of anxiety in childhood, and those who are more sensitive or emotional in nature. Certain physical conditions such as an over-active thyroid or "thyroid-storm" can also cause anxiety states. Treatments: Non medical treatments should generally tried first although may be tried in conjunction with medication.

alter thinking and change

which has relaxed the trading

regulations for the retail sector

– 2007 CCIWA 2007).

shop on Sundays - seeking

an improved atmosphere,

lifestyle and vibrancy to

suit a more modern WA

environment.

such as Valium, Serepax and useful.

HELPING OTHERS: We can calm and reassuring them, them to their doctor.



Extended RetailTrading Hours





Minister for Environment; Youth

Member for East

Metropolitan Region

Hon. Helen Morton MLC

Ul2, 201-205 Barslem Drive

Ground Floor, 108 Swan Street **GUILDFORD WA 6055** Tel: 9379 0840 Fax: 9379 0845





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MEMBER FOR CANNING

Roleystone Courier October 2010 Page 37







- Cleaning Maintenance
 - Servicing Repairs

Graham 9397 6239, 0400 569 397

ALL SUBURBS GARDEN & WOOD SUPPLIES **Black Mulch** \$30 - 6x4 Trailer 9459 7666

Roleystone Chiropractic



The atmosphere at Roleystone Theatre is currently buzzing with excitement.

Hot off the heels of their World Premiere season of "One Weekend at Dallas" another premiere, the WA Stage Premiere of the musical 'Nine".

Within days the stage has become unrecognisable as it is in the process of being transformed into the it on stage. sumptuous Fontane di Luna, The large cast of women features musical is set.

The show, which is based on the classic Italian film "8

1/2", centres on famous film director Guido Contini as he tries to make his next film, even though he Hands & Nicole George. As well as hasn't even started writing the script, and filming new-comers to Roleystone Theatre, is due to start in only days. It follows him as he tries to balance all the women in his life: his wife, his mistress, his producer, his mother and many, The show opens on November many more.

The musical is unique in that its casting requires only one man, one boy and the rest of the cast Bookings can be made on 9397 are women. The director, Paul Treasure, has said 5730. that "this makes the show perfect for Community



Theatre, as it realistically reflects the amount of people who actually audition for shows, and I can't understand why no one has done they are gearing up for it in Perth before." There is also the problem that audiences are often unwilling to go to a musical that they don't know, so as soon as it was announced that Hollywood was making a film version, Roleystone jumped at the chance to finally do

a spa in Venice, where this a number of faces that will be well known to Roleystone Theatre regulars. Including Kim Harris, who recently played Eliza in My Fair Lady, Priscilla Busher, Corinne Clara Helms, Hayley Parker and Jodie Hansen.

> 19th and runs Wednesdays, Fridays and Saturdays until December 9th.

> > **Paul Treasure**

A TRIBUTE TO THE ROLEYSTONE NETBALL CLUB

I had the pleasure of attending the Annual Trophy Presentation of the Roleystone Netball Club and to say I was impressed would be an understatement. The Family Centre was packed with netball players, family members and supporters.

From the younger and smallest of netballers ranging through to the young women in our community, they all came together to celebrate the game and their achievements. Their sportsmanship, support and respect to their team members and coaches were very evident. The support of parents was acknowledged all evening and obviously very much appreciated. The commitment by all those involved with the management of the

Roleystone Netball Club, who give freely of their time so that 100 young members of our community can play netball, is to be applauded and gratefully acknowledged. Thank you all from our community for a job well done. Cr.Pat Hart

JUST AN OBSERVATION.....

Four times a year, I receive a beautifully presented **City of Armadale Libraries and Museums Calendar** of Events.

I understand this is funded by our Council using our rates money. Thus I feel it is OK to have a whinge. The winter version had a lovely winter scene on the front cover - the only problem was that it was a snow scene. One would seriously doubt that this photo was taken anywhere local! So I was keen to see if the spring edition could top this. It did - the cover has a dandelion seed head. The dandelion is an introduced weed pest. Not something I think needs to be celebrated in our area. Plus it does not form seed heads until late summer. So once again I think the designer has slipped up badly.

Perhaps the summer edition could feature something local and seasonal and something worth celebrating? Ed



ROLEYSTONE SCOUT GROUP **OUIZ NIGHT**

This will be held at the Roleystone Country Club on Saturday 16th October Start time 7pm. \$10 per person. Tables of 8 Crèche available – gold coin donation. Drinks available for purchase at the bar (no BYO) Order your tickets from

Karen: 6396 2550 (anytime) or Angela 9397 7082 (up to September 28th)

Pick up and pay at the door. Help build a Soap Box Derby.

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BUSY BEE & OPEN DAY

Thank you to everyone who came along to our Club Busy Bee on Saturday 11th September. The Club and Courts looked really spick and span for our Open Day.

We had about 50 people attend and the weather was fantastic. Thank you to everyone who attended and we hope to see you again soon at our Club.

Mrs Pat Hart, our Club Patron, came along and also our treasured Life Members: Mrs Val Fuller, Mrs Shirley Brown, Mr Graham Shearwood and Mrs Virginia Bird.

We all enjoyed a lovely afternoon tea and we presented our newest Life Member, Fran Ibbotson, with her Life Member badge. *(Fran is shown with her family above).* Fran has been a valued member of our Tennis Club for over 25 years and during that time has held a range of Committee positions.

Fran is an all-round fantastic Club person and we are very lucky to have her as part of our Club.

Another highlight of our Open Day was the presentation of a sponsorship cheque from Rob Fidock from Fidock & Co. Rob & Kerry have agreed to become major sponsors of the Tennis Club and we sincerely thank them for their continued support. **COMING EVENTS**

Saturday 16th/Sunday 17th October SPRING TOURNAMENT EVENT Monday nights - 8th, 15th and 22nd November

FULLER CUP TEAM EVENT Sunday - 12th December CLUB XMAS TENNIS AFTERNOON AND BBQ

Please consider joining us for these events. Sheets will be posted on the noticeboard for each event so you can put your name down or email through your availability to Brendan Diss, our Club Captain at <u>roleystonetennisclub@</u> <u>iinet.net.au</u>



Wild Gossip

Spring is such a lovely time of year with all the blossoms and wildflowers to see and the sound of baby birds heard in our trees.

In my garden the parent birds are actually becoming quite cheeky as they look for food for their young, perhaps this is due to our poor rainfall making food in short supply or maybe my (stolen) sandwich just looked tasty!!

At this time of year we often come across a baby / young bird on the ground – here are a few tips:

FEATHERLESS YOUNG BIRDS:

Look for the nest and put the young bird back in. If the nest has become dislodged, damaged or cannot be found then you will need to keep the baby in a warm, dark, quiet place whilst you reposition / repair the nest or make a false one – a lined hanging basket placed in a nearby tree will do. Observe all replaced birds to be sure that parents continue to attend. If concerned in any way please contact your local wildlife carer or shelter.

FEATHERED YOUNG BIRDS: Young birds on the ground could be learning to fly and being shown what to

Syl Cooper 9397 6184 0417972930

eat by the parents so should be left alone and observed from a distance for a few hours to ensure that parents are in attendance. Should predators (cats or dogs) be a problem that cannot be confined or removed then the young bird should be gently picked up and placed

on a nearby tree branch or fence. If concerned in any way please contact your local wildlife carer or shelter. INJURED/ABANDONED BIRDS:

Injured or abandoned birds will need to come into care. Gently pick up the bird and place it in a secure box (small enough to prevent flying attempts and wing damage) with padding beneath and keep warm, dark and quiet until it can be taken to a wildlife carer, shelter or vet. Never attempt to feed an orphaned or injured bird without the advice of an experienced wildlife carer as incorrect food can kill.

Please contact me for help for or advice about all orphaned or injured wildlife.



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ROLEYSTONE STUDENTS COOK UP A STORM

To wind up a fantastic term, students of Roleystone District High School have been cooking up a storm.

The Year 7 students who come from a range of different ethnic backgrounds have been cooking recipes from their homes.

Local boy: Tele Arotis led his group in cooking up a Greek feast of fried zucchini and honey desert Loukoumathes.

Alex Zavetterri and Kellan Rikli produced a fabulous Italian Bruschetta. Abbey Jones and Sarah Mobilia delivered tasty almond biscotti.

South African born Gerrie Scott demonstrated how to make Koeksisters (a sweet dessert) helped by Tia Grayson, Mikaela Sher and Mickayla Davis. Adrian Lackner of German heritage created spatale (a German pasta dish) and German Rissoles with the help of Georgia Atherton, Kalani Grant



and James Walker. Allyra Spronk and Chelsea Smith baked Portugese Tarts and Molasses biscuits. Chloe Lea Shaw of Indian heritage created a delicious chicken Korma curry.

Newcomer to RDHS Lottie Clark made a Mexican feast of Chilli Con Georgia Batley.

What a great way to end the term. Look out for these youngsters on the next Junior Masterchef. Katrina Curtis.

Anni Geneve, of Martin, has recently been placed third in a state-wide Literacy competition to 'Make Your Own Story book'. Her book is now on show at the Alexander Library. She won the award for her story Peach at the Beach. Well done Anni. Anni is pictured at left.



Queso (cheesy dip) and nachos with Pictured above: Students involved in cooking the German dish Adrian Lackner, Kalani Grant, Georgia Atherton,

SOUP & SOMETHING FOR BREAST CANCER

The fifth such yearly luncheon is planned for Saturday, 30th October 2010, at noon. It will be held on a verandah of a home in Roberts Road, Kelmscott.

A variety of soups plus crusty bread and butter, cake, and tea or coffee will be available for the coat of \$15 for each person. Also raffles will be available.

All money raised will go to the Breast Cancer Research Centre - Western Australia. A guest speaker will give a short talk on the work they undertake.

Because only seventy people can be catered for it is essential that tickets are pre-sold. Please get together with a friend and make a date for the 30th October. Enquiries at 9390 6968.



COUNCIL NOTES

Marriage Celebrants

A Ceremony of your very own **Owen Davies** Kelmscott 9495 4087

Jeff Munn Your Celebrant for 26 years Registry weddings at my office 9397 1247 www.celebrantwedding.com

Wendy Shearwood Your local Celebrant 9397 5305 0403 831 702 shear1@iinet.net.au wwwrolevstone celebrant.com.au

Lesley Baker-Hames Civil Marriage Celebrant 9497 4428; 0413 58 4428

Justices of the Peace

Jeff Munn	9397 1247
Owen Davies	9495 4087
Rob Fidock	9397 5400

2010 CITY OF Armadale Spring **BUSHWALKS**

- Sunday 3 October: Settlers Common Walk.
- Sunday 17 October: Walk the Wungong.

1. Building Statistics of 202 building licences 186 valued at \$21,897,479 during the previous month. The total from July 2010 was 202 licences Project Award valued at \$29,467,267. at \$345,892,800.

Management Agreement environment. under a variety of conditions for a period of Service Award 5 years, commencing July 1st 2010.

Fund Roleystone Council will

provided with a report



Clinical Psychology Services

- Male and Female Therapists 0
- Adults, Couples and Children 0
- 0 Depression, trauma, anxiety
- Postnatal Depression 0
- Stress/ Injury Claims 0
- Relationships/ sex issues 0

Pioneer Village, 6/7 Albany Hwy, Mt Richon 9399 1911

Medicare Rebates with GP Mental Health Plan

GPAfter Hours - Armadale

Location: Situated in the Galliers wing of the Armadale/Kelmscott Memorial Hospital Phone: 9391 2285

Opening Hours: Mon-Fri 7pm - 10pm Weekends and public holidays 2pm - 9pm (Hours may change subject to availability of GP)

No appointment necessary

Fees: Concession card holders and children under 16 are bulk billed.

CONTAINED IN COUNCIL NOTES IS TAKEN FROM THE PUBLIC RECORD OF THE COUNCIL MINUTES WHICH ARE AVAILABLE FOR INSPECTION AT THE CITY OF ARMADALE LIBRARIES & AT THE ROLEYSTONE FAMILY CENTRE.

estimated cost of including During July 2010, a total improvements to the Cross Park skate park and public valued at \$29,467,267 toilets in Borrello Park as were issued, compared to part of proposed expenditure of \$500,000 on various projects in the POS Strategy Precinct I (Roleystone).

July 2010 to the end of 4. Perth Biodiversity

Council was advised that on The total for 2009/2010 6 August 2010, the Mayor was 2606 licences valued and Cr Hart attended, the Perth Biodiversity Project 2. Karragullen Hall Award ceremony at the Management Agrrement Perth Convention Centre Council was advised a hosted by the Minister request had been received for Environment, Hon. from Scouts Australia Donna Faragher MLC. to enter into a new City of Armadale staff Management Agreement were recognised with not for the occupation of only a milestone award for the Karragullen Hall by their work in preparing the Roleystone Scouts, a Biodiversity Plan, but following on from the also for the work that they last agreement in 2005. have done with volunteers Council agreed to a new to manage our riverine

5. Cr Hart – Distinguished

Council was advised that on 7 August 2010, Cr Hart was 3. POS Strategy Trust acknowledged by WALGA which conferred on her their be DSA.

6. FESA Volunteer on the feasibility and Employer Recognition Program

Employer FESA's Recognition Program encourages emergency services volunteers to nominate their employer for an award. The City of Armadale has recently been

awarded a Silver Certificate the prayer of which under the program. reads: "This petition is This was as a result of for improvements to the a nomination from the skate-park at Roleystone." Roleystone Volunteer Council resolved that Fire and Rescue Services the petition be received (Nathan Hall). The Silver and referred to the Award recognises the Community Services commitment of the City Committee. to release volunteers on full 11. Petition re Peet Rd

pay to attend training and Footpath emergency incidents and Council does not support the promotion of safety the installation of a footpath programs.

Local Law and Policy

Following advertising, Council is give located along the western notice of making the Local side of Jarrah Rd between Law** 'Street Numbering Tyers and Raeburn Rd and Local Law 2010', and will along the southern side of adopt Local Policy DEV 1 Raeburn Rd between Jarrah Street Numbering.

8. Design of Medium in the Technical Services Density Development

Following advertising, Council Facilities will amend Policy PLN Council received the 3.1 Residential Density report and informs the Development by adding Petitioners' of the action items to 4.3.1 Building taken by Council and the Design, where development financial support given to in excess of three units is the Karragullen community proposed to a residential during the past years and density in excess of R30. works to be carried out in

9. Cat Local Laws

Council received a report Council will inform the previously requested to Petitioners of this work "Consider the need for cat and that the Parks and local laws to protect fauna" Reserves Department will and will take no further be communicating with action at this time, noting the Community prior to that further consideration commencing the works. will be given to the matter 13. Councillor's Items in the event of the state Cr Hart requested that the government initiating state review of conditions for wide cat regulation.

Park

along the eastern side of 7. Street Numbering Peet Rd between Tyers and Raeburn Rd, and adopted public the alternative shared path and Holden Rd, as included Pathway Programme.

public 12. Petition re Karragullen

the 2010/11 financial year.

the placement of sheds on 10. Petition re Skate properties abutting battle axe lots be referred to the

Cr Hart tabled a petition Development Services signed by 339 residents, Committee.



www.wafamilylaw.com.au

• Service provided by Biddulph & Turley, solicitors at 53 Wheatley Street, Gosnells (PO Box 710, Gosnells 6990).

Services

Maths tutoring

experienced teacher, tutor & TEE marker, all levels to TEE, Kim Martin Ph: 9397 5669

Piano Tuition vacancies avail Kim Martin A.Mus.A. Ph: 9397 5669 Pianoforte Tuition, all ages, Patricia Pritchard

A.Mus.A. Ph: 9397 5342 Nu Tech Secretarial Services Very experienced. 6hp motor fuel tank etc. Reasonable rates. Ph Margaret 93975447 Painter (retired) require all types of painting work

94961096 House Monitoring check your house, animals plants etc. Res rates Sheenagh

93976019 Cakes for all occasions. Locally baked and decorated. Reasonable rates. Margaret: 9397 5447 Flute/piano/music theory tuition Exp. teacher, all welcome 0448406311 French Tutoring Private or Group, Ph: Genevieve 9390 7022 0419 833 491 **Computer repairs/** upgrades h/ware, s/ware,

of them in the future.

Our monthly bash got off to a start with Tony

and Mel's rendition of an old classic 'O Carol'

followed by a relatively new act to RMC, a

duo Aunt and Nephew combination Lucie

and Felix. Lucie plays keyboard while young

Felix drums. This was only their second time at

RMC and we look forward to seeing a lot more

The regulars followed on, 'Never 2 Late' was

their usual rockin' selves, loud and fast. Maybe

we should get Stig (not the one from top gear)

their base guitarist, to wear those groovy shoes

again! You couldn't keep him in one place for

i/net setup, 17 yrs exp. Keith 9397 6671, 0438 900 829

Specialist Pruning Services: Fruit trees, roses. 39 yrs exp. Restore old damaged trees. Chris Oliver: 93975686

For Sale

Aluminium Punt 10 foot, \$1000 ono 93975 5587 (between 6 - 8 pm)

Babysitting

Rosemary Meadows 9397 5761. Adrianna Mat. resp 15y. 0450 313 277 Shannon Allender: resp. 93977553 Michelle \$15 p/h Contact 0408924129 / 94963979

9474 9055 24/7 EMERGENCY LINE RUN BY VOLUNTEERS

Do You Enjoy Reading the Council Notes? We are seeking a replacement for Peter Hopper to compile the Council Notes monthly for Courier readers. Please ring Linda on: 9496 2992 or email roleystonecourier@ bigpond.com for more information.

> five seconds and according to him, it's all in the shoes.

Chris and his son Dave, long time participants at RMC, auditioned for telethon a few weeks ago and have been accepted. We look forward to seeing them on the televisioncongratulations guys.

Next month (October) we are having a theme night Oztober. All the music will be from Australia and New Zealand. Songs can be anything as long as they fall into the above category, so there is plenty to choose from. You can always just come along and sit in the audience and listen to the music. Carol



SEPTEMBER AVERAGE: 108.7 MM ON 14 DAYS

SEPTEMBER 2010: 70.6 MM ON 9 DAYS

	18	157.6	2005	15
and still i	17	90	2006	17
enough rain!	20	158.4	2007	15
0	17	101	2008	16
	24	168	2009	9

Please be careful of awakening Bobtails warming on our roads. Too many are being squashed. Maggie Burke

	JARRAH	BUSH	COTTAGE	
--	--------	------	---------	--

September Rainfall

RAINFALL SO FAR THIS YEAR: 454.6 MM ON 56 DAYS (UNTIL 29 SEPT)

AVERAGE RAINFALL: 909.5 MM ON 95 DAYS (1 JAN - 30 SEPT)

Perth hills retreat-short term and romantic weekender accommodation. Roleystone-Karragullen-Araluen. Short, Mid and Long Term. (Max) 2 months.

Ring 044 898 7968 to get started or to enquire about Cottage.

Courier Deadline Dates

	Deadline	Delivery
NOVEMBER	27 October	6 November
DECEMBER	24 November	4 December
JANUARY	no publication	
FEBRUARY	26 January	5 February
MARCH	23 February	5 March
APRIL	23 March	2 April
MAY	20 April	30 April



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Services Weather Statistics provided by David Elliott (retired!!!)

Your Official Roleystone Weather Site.

SEPTEMBER WEATHER STATISTICS

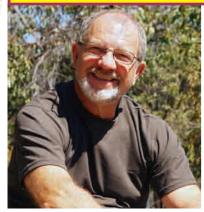
Average Min Max Temperatures

Monthly average: N/A LOWEST MIN 3.2 (25TH) Highest Min 12.0 (10TH) LOWEST MAX 13.1 (21ST) HIGHEST MAX 18.7 (23RD)

Se	ptembe	er Rainfa	ll ovei	the De	cade
Year	mm	rainy days	Year	mm	rainy
2000	99.4	15	2005	157.6	18
2001	129.0	17	2006	90	17
2002	84.4	15	2007	158.4	20
2003	151.8	16	2008	101	17
2004	45	9	2009	168	24

THE WILDCARE HELPLINE

Pro Bono: "Vivent les Differences" **David Bardsley Minister Community Church**



Dear Friends

I am officially tall! This may come as a surprise to those who have met me but Mrs Roberta Chapman - she of decidedly diminutive stature, whopping big heart and definitely unforked tongue - once inferred this without any shadow of doubt. Needing an implement off the top shelf Bobbie called out, "I need a tall person." Looking round she saw me and added, "David! You'll do."

In reality I have to confess to being on the squidgy side of average when it comes to elevation. But that only applies here...or America...or Europe...or lots of countries except places like China.

On my first visit to Beijing back in 1986 I was bemused to find myself towering over the locals...well, at least 2 or 3 inches above most of them. And also being white at a time when few Caucasians had been seen in that wonderful city, it was hard to blend into the scenery. In fact Hilary and I stuck out like the proverbial whatsits.

Being different doesn't normally bother me much but after 4 days of constant ogling by the local populace, Hilary threw a real wobbler and refused to step outside for a full day.

What is it about standing out in the crowd that makes both the crowd and the individual feel uncomfortable? Why do

we feel threatened so much? It seems that society is only really at ease when everybody conforms to the unwritten standards of appearance and behaviour of the majority.

The Latin word for left handed people is now applied in a much more general sense - sinister! These folk were deemed to be different and therefore to be viewed with suspicion. How does that make lefties feel? Our son has brilliant bright red hair and was rewarded with unmerciful taunting at school both here and the UK by "mates" whose follicles produced a very ordinary coloured topping to their heads.

We are all different. We are all wonderfully and uniquely made. God breaks the mould after each one of us is produced. But we are strangely slow to accept and cherish those individuals whose appearance, character and inclinations set them apart from the crowd. The net result is often a lonely, odd ball existence for them. And yet it is these different people who can add real richness to our society. How boring would it be to live in a place where we were all clones of each other? "Vivent les differences!" Furthermore, if we fail to accept and nurture non-conformists, we run the risk of condemning them to alienation and the black hole of despair. Maybe we have already done that many times over with our young folk here and some have escaped the consequences, choosing oblivion as the better option. Perhaps it's time we collectively examined our community attitude to those set apart from the crowd.

In Biblical terms we are told to love and care for the widow, the orphan and the alien - the outcasts of society. Morally, God calls us to cherish every person, even if they live their lives outside our normal standards. "Hate the sin...but love the sinner" is a maxim for all. We might not like people who are different. We Weight Watchers Federation Inc might even find what they do abhorrent, especially if they violate God's standards for society. But they are still people who have value in the His eyes.

What right then do we have to ostracise lefties and all the rest? Rather let's celebrate distinctiveness and welcome variety in our neighbours. Long live the differences!

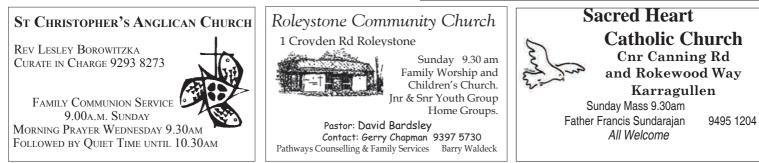
Yours in Christ, David.

1st Roleystone Scout and Cubs: Joanne	9496 0290
Alcoholics Anonymous	9397 5595 / 9397 5036
Araluen Botanic Park: Liz	9496 1171
Araluen Progress Association: Phil	9397 9012
Araluen Golf Resort: David	9397 9000
Armadale Council	9399 0111 (a/h 1300 886 885
Armadale/Roleystone Local Drug Action Grou	9497 4794
Badminton: Laurie Blundell	9397 6202
Child Health Nurse	9397 5813
Cr Caroline Wielinga	0488 900 307
Cr Pat Hart	9496 1634
Hills Orchard Improvement Group (David)	9293 7132
Home for Injured & Orphaned Wildlife Hospita	9397 6184
Kelmscott Agricultural Society	9495 4001
Kofukan Karate-Do International	9397 5688
Patchwork Quilting: Lyn	9397 5207
Roleystone Bootscooting: Sue	9496 1115
Roleystone Community Church: Gerry	9397 5730
Roleystone Country Club	9397 5665
Roleystone Country Markets: Juliette	9397 5037
RoleyBushcare: Ian	9397 6813
Roleystone District High School	9397 6222
Roleystone Garden Group: Jean	9397 5547
Roleystone Girls Brigade: Yvonne	93975153
Roleystone Guides: Angie	0439145151
Roleystone Gumnut Playgroup: Carolyn	9498 1968
Roleystone Gymnastics Club Inc: Peta	9496 1484
Roleystone Junior Football Club: Mike	94972049
Roleystone Senior Football Club: Jamie	0409 680 980
Roleystone Karragullen Cricket Club: Brad	0400 195 061
Roleystone Karragullen Seniors Club	9496 3166
Roleystone Ladies Badminton Club: Trudi	9397 6920
Roleystone Little Athletics: Stacey	9496 1750
Roleystone Musicians Club: Chris	9397 7007
Roleystone Neighbourhood Family Centre: Su	9496 1115
Roleystone Netball Club: Amy	93975559 or 0402 680 770
Roleystone Organic Growers Group: Lisa	9399 2312
Roleystone Primary School	9496 1488
Roleystone Senior Football Club: Emma	9397 9350
Roleystone Recreation Centre: Elaine	9397 6538
Roleystone Teeball & Peewee Baseball Club	9496 0120
Roleystone Tennis Club Inc: Wendy	9397 6620
Roleystone Theatre Inc	9397 6624
Roleystone Toy Library Inc Heather	9496 1119
Roleystone Volunteer Fire Brigade	eng 9397 5406
Roleystone Women's Hockey Club	9397 5939 or 9398 7426
Sacred Heart Catholic Church	9495 1204
St Christopher's Anglican Church	9293 8273
Weight Watchers Federation Inc: Sherry	9397 6249

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- Applications for subdivision, new or replacement titles
- Many other property related transactions (for property anywhere in WA)



Roleystone Karragullen Cricket Club Report

Well cricket season is only an over away and so far the club has received a number of newcomers to the already healthy and vibrant squad. If you are thinking about rolling the arm over this Summer it's time for you to come down to Cross Park and join us.

The season kicks off in the first week of October and the club has brought in the services of Guy Hoskin on an intermittent basis to help the keenest of our members get the edge against our opponents. Training activities are on Tuesday and Thursday afternoons and will be followed by social activities at the pavilion every Thursday. This year we will be fielding a B, C, D and two E grade teams meaning we continue to be one of the bigger clubs in the competition.

Gumnut Playgroup Report

There are two new additions to our playgroup this term. Caroline Wielinga gave birth to a baby girl called Alina Nicola at home on Thursday the 9th of September; Alina weighed 9 pounds, 4 ounces and was 52 cm long. Congratulations to Caroline, Andrew, and big brother Zamia.

As I am writing this article Naomi White, one of our mums is in hospital having her beautiful baby girl. Evelyn Louis was born on the 22nd of September, she weighed 6 pounds and 12 ounces. Congratulations Naomi, Andrew and big brother Alexander.

Those of you who are interested in buying a Kidzabuzz book can contact Lorraine on

SEPHERAN T

9496 3834 to order your copy. The books cost \$20, we get \$5 back from each book which comes back to playgroup for fund raising this year. Payment is up front this year, so if you would like a copy please let me know. Currently all committee positions are vacant for next year. If you would like to become a part of a special group of ladies who are keen on helping our children grow and expand their knowledge before they go to school, please contact Emily Alford 08 9496-3282

If you would like to join our playgroup or have any questions please call Robyn on 9397 7116. Lorraine Hine.



Cricket is a great 🖪 way to stay fit, enjoy the sunshine and be socially involved with



one of your community's most historic and important sporting clubs. We celebrated our 60th anniversary last year with a D-grade premiership and the beginnings of what will be a very successful few years at the club. It's never too late to start playing so regardless of whether you're 16, 30 or even 60+, come down - there will always be a spot for you amongst friends.

ROLEYSTONE FOOTY TIPPING COMPETITION 2010

Hi all – another season is over with the Mighty High Flying Cats being ousted a little early. To top it off, what about that history making Grandfinal - a draw. Next weekend will see either Saints or Pies come up trumps, as September action moves into October.

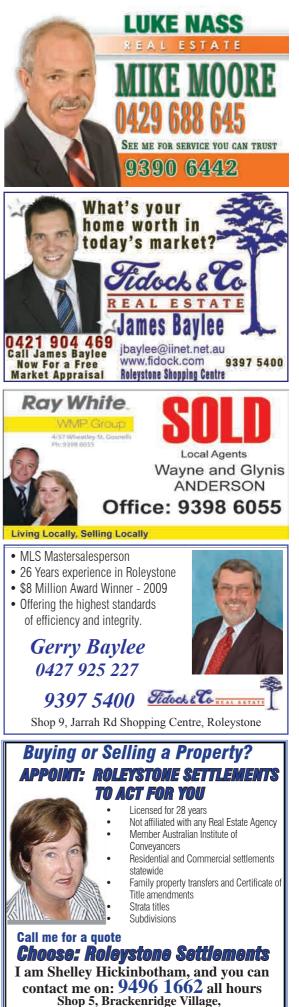
As far as our local comp goes, a very hearty congratulations to Ross Anile who won 4 rounds during the season, took off first place overall and who also ended up in the top 5% of all tipsters NATIONALLY with a score of 121. If he wins again next year then the trophy is no longer perpetual -3 wins makes it all his. Good luck with your crystal ball next season Ross.

I believe Supa IGA staff and the Roley Footy Club are out to 'knock the icing off your cake'. Second place went to another well known identity, Harry Newell with a notable 117 points. Third place went to Rob Young who just pipped our tipping stalwart Karenne White, equal on 116 points but with a smaller margin. Commiserations to John White, Soozy McKenzie and Muffler Mike Cirello for their strong and steady season. The Rolevstone Footy Club once again benefited with a sizable donation from this non- profit competition. At the windup we felt that 100 tippers next year would be the go with a \$1500 first prize. Keep your eye on the February edition of the Courier for details and have a HAPPY OFF SEASON. Mike Moore

This month a local mum entered the IGA PowerAde competition – and the local Roleystone IGA applicant was successful. She has won \$2500 worth of cash and \$2000 worth of sporting goods and equipment and the Roleystone Seniors Tigers Football Club is to be the main beneficiary. This was a prize in an Australia wide IGA powerAde comp, one of five winners, and the winner is happy to stay anonymous.

Football Club President Jamie Bendall was overwhelmed with the mum's generosity: 'It is great that she has won this prize and to donate it all to the club is really generous. We are always grateful for donations and one of this size is excellent'. Jamie was able to pick the cheque up from the post office last week so the funds are already at the club. So well done 'local mum' and thanks for your generosity.





1 Soldiers Rd Roleystone

155 Buckingham Road

Kelmscott



A magical 3490sqm property nestled on the banks of the Canning River with a clear view to the river along 80m of frontage - all from your own deck. Even your own winter creek running right through the property. Set in sought after Brookton Valley is this quaint 4 bedroom 1 bathroom timber cottage just oozing charm & character. Tall trees and lush green fenced paddocks. Beautiful timber kitchen, open plan living & wide wrap around verandahs. Massive deck, Double workshop, air conditioning, fruit trees & more.

River Views



\$699,000 - \$725,000

Lot 892 Simons Drive

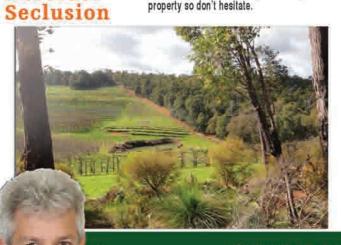
Roleystone



5 Acres of

Absolute

Pristine Natural Bush, tall Jarrahs and abundant grass trees, all set in the most peaceful of hillside locations on a massive 2 HA untouched vacant block. The sealed driveway has been put in and the building envelope has been cleared so you can get a real feel for what it is like to really get away from the rat race. Stunning filtered views to the East and North across beautiful Araluen Park Precinct. All offers over \$399,000 will be considered seriously. This is a premium property so don't hesitate.



OFFERS FROM **\$399,000**

34 Buckingham Road

Kelmscott



Roomy character home set in prestigious Kelmscott hills on generous sized 819sqm block. 3/4 bedrooms and 1 bathroom. Separate entry leading to huge lounge with high vaulted ceilings. Fantastic kitchen area adjoining family room and overlooking outdoor entertaining area. Beautiful modern decor throughout including fresh paint, new carpet to bedrooms with not a cent to spend. Easy side access to rear lock-up workshop complete the picture.

Brookton Valley Magic



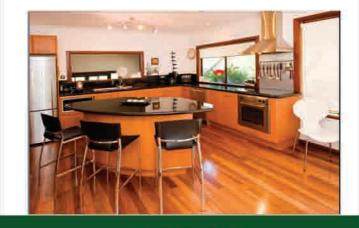
\$390,000 - \$410,000



Character with Views

Roleystone

Stunning executive 3 bedroom 2 bathroom pole home nestled on huge 3067 sqm block taking in the most breathtaking views across the Canning Valley. Polished floors, high ceilings lots of private spots to sit including multiple decks and a main deck boasting built in spa. Ducted heating and cooling, security, double carport and shed. Private, modern and exclusive. A place you can look forward to coming home to every day. You will love it.



\$699,000



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Come back to the Hills



Roleystone \$549,000 **13 Winstanley Rd** GAME, SET & MATCH

Adore this 1979 solid brick & tile home in a leafy culdesac. Begin with a game of doubles on resurfaced tennis courts, then a quick dip in b/ ground pool. This 4 x 2 features a games room, sunken lounge, dining & family room.

James Baylee 0421 904 469



Roleystone \$599,000 **56 Mackie Road** SENSORY HEAVEN

Over an acre of serenity Incorporating native bush, exotic plants & a mini orchard, high ceilings & European drapery. The property also boasts an outdoor heated spa, Australiana gazebo, workshop/studio, combustion fire, ducted evap a/c, alarm & retic.

Call James Baylee 0421 904 469



Roleystone \$265,000 602 **Slab Gully Rd VACANT LAND**

A newly subdivided 2000sqm block with quite simply the most magnificent Sweeping Valley Views looking towards Araluen in a scenic, hillside end of cul de sac location.

Gerry Baylee 0427 925 227



Roleystone \$499,000 12 Glebe Rd QUIET CUL-DE-SAC LOCATION

Dbl garage and separate enclosed games area at the back. With a range of modern cooking appliances & a dishwasher. Built for entertaining. Roomy bedrooms, one with french doors leading to the patio, 4 with robes, and the master bedroom with a delicate ensuite. All set on a reasonably level 2.000 SoM Block with rear access.

Rob Fidock JP 0417 88 5400.



Superb lofty open plan living highlights this designer 4/2 brick/tile home. Ducted r/c air cond, insulation, wood fire, stylish kitchen, robes, neutral décor and dble gge with workshop recess. Sleepy cul-de-sac, 2203sqm fragrant gardens, shady patio, aviary, quaint garden shed & assorted fruit.

Gerry Baylee 0427 925 227



Stylish 5 y/o, 4/2 b/i loft home on 1/2 acre opposite reserve. Formal entry, elegant lounge, generous fam rm & games plus upstairs study & theatre. Double brms, luxurious ensuite, dble garage & chef's kitchen.

Gerry Baylee 0427 925 227



Roleystone \$690,000 **11 Ridgehill Rise**

PRICE REDUCTION

Perfect modern kitchen with Corian bench tops & up market appliances. 4 Big Bdrms, 2 Baths, Family & Games Rooms plus Formal dining, Lounge & Study. Outside living with massive alfresco area, a Bush reserve in a new Sub-division, will give Double Garage & garden storage. R/c A/c. All set on you all the peace and tranquility you have been 2,021 Sgm bush block.

Rob Fidock JP 0417 88 5400.



Roleystone \$749,000 **556 Brookton Hwy** ONCE IN A LIFETIME

Looking out over 3,138 of Roleystone's finest valley views featuring 5 bedrooms, 2 lovely bathrooms, 2 excellent size living area plus an alfresco deck area to die for. Big open kitchen (with views), proper dining area and study nook complete the picture. Bonus assets are - Below Ground Pool, Gazebo, undercover parking for 2 cars and workshop space too. Rob Fidock JP 0417 88 5400.



Roleystone \$639,950 26 Hall Rd **SUB-DIVIDE &** CONQUER

Envision the investment potential with this exemplary 4x2 with a layout unlike anything I have ever seen. Split level design, with 3 beds in the main house & parents retreat attached via gge. 174m long & over 4,700sqm, makes it ideal for a subdivision.

James Baylee 0421 904 469

Roleystone \$479,950

L189 Simons Dr

VACANT LAND

Newly subdivided 2ha (5 acre) hillside haven with untouched jarrah woodland and wildlife galore backing onto the Araluen Botanic Park. Don't miss out on this opportunity to build your dream home.

Gerry Baylee 0427 925 227

Roleystone \$289,000 4 Moseri Rd

VACANT LAND

Looking for a peaceful location on a quiet street to build your dream home? Well look no further - this Half acre (2000 SqM) level block adjoining looking for.

Rob Fidock J.P. 0417 885 400



Roleystone \$825,000 6 Beales Court **BIG AND BEAUTIFUL**

Presentation Perfect. The most beautiful Pole Home you will see. Massive Kitchen, Views, Views, Views 4 x 2 & Big Entertaining Alfresco Deck. All set in 4,370 SqM Gorgeous Block.

Rob Fidock JP 0417 88 5400



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